

STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

Fort Eustis
Virginia

Information Date
March 09, 2000

Visit the SITES Web Site at
<http://www.dmdc.osd.mil/sites>

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Installation

Installation Overview

For more information on this subject:
<http://www.eustis.army.mil>

Fort Eustis is the home of the United States Army Transportation Corps (USATCFE), NCO Academy, Army Aviation Logistics School, 8th Transportation Brigade, Joint Strategic Deployment Training Center, Army Training Support Center, and 7th Transportation Group. Here, officers and enlisted soldiers receive education and on the job training in all modes of transportation, aviation maintenance, logistics, and deployment doctrine and research.

Name: Post Information
City: Fort Eustis
Phone: (757) 878-1212 DSN 927-1212

Name: Post Locator
City: Fort Eustis
Phone: (757) 878-5215 DSN 927-5215

Must Know Items

For more information on this subject:
<http://www.eustis.army.mil>

There is only one entrance to Fort Eustis.

Directions from Newport News/Williamsburg International Airport or Norfolk International Airport: Take Interstate 64 West to exit 250A, Fort Eustis Blvd (Route 105) proceed west about 1 mile and you will enter Fort Eustis. ID card may be required for entry.

Directions from I 95: Take Interstate 64 East to exit 250A, Fort Eustis Blvd (Route 105) proceed west about 1 mile and you will enter Fort Eustis. ID card may be required for entry.

Directions from Bus Station: There is a Greyhound bus station at the main entrance to Fort Eustis.

WARNING! WARNING! THE TRAFFIC CIRCLE, WHAT TO DO? ALL TRAFFIC IN THE CIRCLE HAS THE RIGHT OF WAY! Which means if you are approaching the circle you must yield or stop! Once inside the circle you then have right of way to proceed, but always be careful and on the defensive!

CHECK IN REQUIREMENTS

For those who are Permanent Party, you will report to Military Personnel (Bldg 662). Once you have entered Fort Eustis you will be on Washington Avenue, proceed and you will come to a traffic circle (remember those in the circle have the right of way), proceed straight through the circle (remain on Washington Ave). Pass through one traffic signal and make a right onto Sheppard Place. Military Personnel will be on your left. Phone#(757) 878-0953 After duty hours (1630) Permanent party members report to Bldg 210, Post Headquarters. From the main entrance you will be on Washington Avenue, proceed down Washington, Bldg 210 will be on your right (just before you approach the traffic circle). SDO#(757) 878-5897

For students: Advanced Individual Training (AIT) personnel report to building 1005, Enlisted Student Affairs Branch (ESAB). From the main entrance you will be on Washington Ave, proceed and you will pass through the traffic circle and a traffic signal, stay on Washington and then make a right on Benedict Place. Stay on Benedict and where the road comes to an end is where you'll find ESAB. Phone# (757) 878-5420. After duty hours (1630) AIT soldiers will report to Building 705, the Transportation School. The Transportation School is located across from post headquarters on Washington Ave. SDO#(757) 878-5404 NCO Academy students are to report to building 664, during and after duty hours. From the main entrance stay on Washington Ave, proceed past the traffic circle and traffic signal, from Washington Ave make a right onto Sheppard Place. Proceed down Sheppard Place until the road ends on Monroe Ave. The NCO Academy will be on the corner of Sheppard and Monroe. CQ#(757) 878-4080 Transportation Officer Basic Course (TOBC) students and other Officer students report to G Company (BLDG 1018) upon arrival. From the main entrance you will be on Washington Ave. Proceed, straight through the circle and traffic signal, make a right on Schultz Place. G Company is located on the corner of Washington and Schultz. Phone#(757) 878-2217 TOBC and other Officer students are to report to the Transportation School building 705 after duty hours (1630). The Transportation School is located across from Post Headquarters on Washington Ave. SDO#(757) 878-5404.

EXCEPTIONAL FAMILY MEMBERS (Cross Reference - category - Relocation Services, related subject - Exceptional Family Member Program) For military family members with special needs, soldiers

must insure they notify MILPO while in-processing that they have an EFM and the specific diagnosis. All AIT students must notify your unit command that you have an EFM when you in-process.

EFMP Medical Exceptions To Policy for Housing are being processed on a case by case basis due to the limited hospital services and single story housing on post.

TEMPORARY QUARTERS INFORMATION
(Cross Reference - category - Relocation Services, related subject - Billeting) Temporary quarters range in price. On post billeting, The Transportation Inn, price per night is in the upper \$20's thru mid \$30's. If you were to be billeted off post the range varies from \$30 to \$80 per night. For Reservations call (757) 878-5807 or (757) 888-0968.

PETS Referrals to boarding kennels are prohibited by regulation. The owner is requested to contact neighbors or use the yellow pages for listings of available kennels. Information on transporting the family pet can be obtained through the Transportation Office and by contacting the carrier directly. Shipping costs and requirements will change periodically.

CHILD CARE On post there is a Child Development Center. Our installation does not have PCS priority for child care. However, persons interested in child care may call (757) 878-4025 or 927-4025 DSN and ask to be placed on the waiting list telephonically. (Cross Reference - Category - Child and Teen Services, for information on specific programs)

SUPERVISION OF CHILDREN - Child safety is of utmost importance. This command has established guidelines on when children may be left alone on post. **PARENTS AND GUARDIANS WILL NOT LEAVE CHILDREN 8 YEARS OLD AND UNDER UNSUPERVISED AND MUST BE 12 YEARS OLD TO BABYSIT.** Children who are old enough to be left with-out supervision must be provided with a plan for meeting their needs. Parents who fail to comply with these standards may be reported and investigated for child neglect.

CURFEW Curfew on the installation is from 2100 to 0600, eastern standard time (2200 to 0600 when daylight savings time is in effect). During these hours, when anywhere other than their place of residence, children under the age of 16 must be accompanied by a parent or responsible adult chaperone. The curfew for children attending command sponsored chapel or youth activity functions begins thirty minutes after the end of the

function but not later than 2300, Sunday through Thursday or 2400, Friday and Saturday. Minor children 16 and 17 years of age are not permitted on any street, roadway, alley, avenue, park, or any other public place on Fort Eustis between 0001 and 0500, Monday through Friday; 0100 and 0500, Saturday and Sunday. Exceptions to the above are: (1) When a minor is accompanied by a parent, guardian, or other adult having the care, custody, or control of such minor. (2) When a minor is on an errand of an emergency nature. (3) When a minor is engaged in lawful employment and is in transit either directly to their place of employment or directly from their place of employment to their legal residence.

NOTE TO NEWCOMER'S There is no Usury Law in Virginia, which means, there is no cap (limit) on the amount of interest a business could charge you! **BEWARE** before you buy anything on credit and read the small print. Always know what your interest rate is! E.G. cars, furniture, stereo equipment, and any purchase requiring you to use credit! There are lots of companies wanting to give military members "a great deal". It may be a great deal for them, not for you. Here are a few guidelines to help you decide whether or not to sign a contract. 1) You should be able to take a copy of the contract with you to review before you sign it. If a salesperson won't let you do this or tries to talk you out of it, beware! 2) Prices on products and services sold under contract do not generally change overnight. If you can get something today you can usually get it tomorrow. Watch out for high pressure sales pitches to get you to sign up at a certain price right now. 3) So called "free gifts" are rarely free. You usually wind up paying for them in the price of the contract. The bottom line is, don't rush into anything. A contract is a legally binding document. You should carefully review all the terms and conditions before signing. Have a legal assistance attorney look at it for you before you sign. If you allow a high pressure sales pitch to take you in, you may regret it later. Remember, if it sounds too good to be true, it probably is.

IMPORTANT DOCUMENTS TO HAND CARRY DURING A MOVE *Marriage Certificate *Birth Certificates of all family members *Shot records (up to date) *Citizenship papers, if any *Adoption papers, if any *Passports, if any *Armed Forces ID Cards of all family members *Service member's social security number *Power of Attorney (several copies) *Copies of both husband's and wife's wills *All government and civilian insurance policies, #s, addresses, etc. *Service member's last LES (Leave and Earnings Statement) *Nine copies of service member's TDY or PCS orders *Current

addresses and telephone #'s of immediate family members *Current list of bills/creditors, account #'s and addresses *Spouses* - Any job hunting papers, resumes, applications etc.

MEDICAL EMERGENCY DURING A MOVE - WHAT TO DO? Active Duty - if a valid medical emergency (life threatening) should occur i.e. severe injury, car accident, heart attack etc., first find out if there is a military installation nearby, if not, proceed to the nearest civilian hospital. You must state that you are Active Duty military, you should not receive any bills and you should not pay. Collect all documents and take them to the nearest Army installation (if you are in the Army) Medical Claims Office. If Fort Eustis is the nearest Army base, bring the paperwork to the Civilian Medical Claims Office, Building 579, (757) 314-7853. Family Members - All family members must be enrolled in the DEERS

system (Must have a valid ID Card). If you are currently a member of a TRICARE system disenrollment is required prior to leaving your current duty station. **TALK TO YOUR HEALTH BENEFITS ADVISOR** for specific information on coverage during transition to your next duty station. If you are not a member of the TRICARE system either you never enrolled, didn't have the system at your last duty station, or if you are a new spouse or family member, you are covered under CHAMPUS. If an emergency requires you to go to a hospital during your initial days on Fort Eustis you must call TRICARE to get approved coverage for care, at 1-800-304-9863 McDonald Army Community Hospital, Fort Eustis. Otherwise, standard CHAMPUS will cover whatever is allowed. The Fort Eustis Health Benefits Office can be reached at (757) 314-7957.

Must Know Items

<i>--Installation--</i>	
Site Name	Fort Eustis
Last Updated	March 09, 2000
State/Territory	Virginia
County	Newport News
ZIP Code	23604
Service	USA
Host Command	TRADOC
Physical Size	8228
<i>--Personnel--</i>	
FSC/ACS Director	Shirley A. Young
Relocation Assistance Manager	Michele Leniec-Buffardi
Relocation Assistance Specialist	Jana Cooper
<i>--Phones--</i>	
DSN Country Code	
DSN Number	927-3638
Commercial Country Code	
Commercial Area Code	757-
Commercial Number	878-3638
FAX DSN Country Code	
FAX DSN Number	927-0919
FAX Commercial Country Code	
FAX Commercial Area Code	757-
FAX Commercial Number	878-0919
<i>--Official Mailing Address--</i>	
Street Line 1	ATZF PCF A
Street Line 2	Building 601
City	Fort Eustis
State/Territory	VA
ZIP Code	23604-5114
<i>--Deliverable Address--</i>	
Street Line 1	Building 601
Street Line 2	
City	Fort Eustis
State/Territory	VA
ZIP Code	23604-5114
E-Mail	site4825@eustis-emh1.army.mil/EUSTISACS@AOL.COM

Geographically Separated or Satellite Locations

There are no satellite installations to Fort Eustis.

Nearby Installations (Listed Separately in SITES)

Fort Eustis has a number of military neighbors.

Nearby Installations (Listed Separately in SITES)

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
Virginia	FCTCLANT Dam Neck	USN	65 miles
Virginia	Fort Lee	USA	75 miles
Virginia	Fort Monroe	USA	23 miles
Virginia	Fort Story	USA	60 miles
Virginia	Langley AFB	USAF	18 miles
Virginia	NAB Little Creek	USN	40 miles
Virginia	NAS Oceana	USN	57 miles
Virginia	NSGA Northwest	USN	75 miles
Virginia	Naval Station Norfolk	USN	30 miles
Virginia	Naval Weapons Station Yorktown	USN	7 miles

Regulations

TRAFFIC - The authorized speed limit on Ft. Eustis is 35 MPH, unless otherwise posted. The speed limit when passing troops in formation is 10 MPH. All persons driving or riding in a vehicle on Ft. Eustis are required to use seat belts. Virginia State Law requires all children under the age of 4 and under 40 pounds to be in a child restraint in the rear passenger compartment. Children from the age of 4 to 15 years old must be in a safety restraint in accordance with Virginia State Law. When operating or riding a motorcycle, soldiers assigned to Ft. Eustis are required to wear the following items: fastened helmet with safety shield or goggles; full fingered gloves; long sleeve shirt or jacket; hard sole leather shoes; high visibility reflective vest. Individual runners and joggers must stay on the left edge of the roadway, facing traffic and yield right-of-way to approaching vehicles. Wearing earphones while running or jogging on roadways is prohibited on Ft. Eustis. Individual runners and joggers must wear reflective vests from 1600 until 0800. Roller skates, in-line skates and skateboards are prohibited on streets and areas with pedestrian traffic, such as the PX or hospital. All terrain vehicles (ATVs), including 3 and 4 wheelers, are prohibited on Ft. Eustis. Bicycle riders are required to wear helmets and reflective vests.

DRIVING ON BASE - Driving is a privilege that can be taken away if misused. The Virginia motor vehicle law applies on base. Personnel ticketed on base will have to appear in Federal Magistrate Court. Simple things such as driving the speed limit, coming to a full stop where indicated and not getting behind the wheel after drinking will not only save your career, but could save your life.

VEHICLE CHECKS - Vehicle checks are done on a periodic basis.

ACCIDENTS - Vehicle accidents occurring on Ft. Eustis should be reported immediately to the Military Police (MP). Vehicles and occupants must remain at the scene of the accident until released by the MP, unless injuries require immediate medical attention. To report an accident call (757)878-4556/4557.

CRIME STOP - Crime Prevention provides guidance on marking valuables for identification and provides general guidance on crime prevention and security measures of the home. For information, call (757)878-3864.

RESTRICTED AREAS - The following areas are designated as on-post, off-limit areas which require authorization to enter from a specific source:
***RANGE AND TRAINING AREAS** - In accordance with TCFE Regulation 350-8, authorization to enter range and training areas must be obtained from the Training Division.
***WOODED AREAS** - Persons not engaged in an official military operation must obtain authorization to enter wooded areas suitable for hunting, or camping, from the Game Warden's Office.
***UNAPPROVED DIRT ROADS** - Persons in POVs must obtain authorization to use unapproved dirt roads from the PMO (Provost Marshal Office) or the Game Warden's Office.

For USAREUR transferees - Virginia does not recognize International drivers licenses and license plates. You must have a valid state license. Virginia allows 30 days to transfer tags.

Vehicle Registration (State)

I. INTRODUCTION - The following provides general information about important areas of the Virginia motor vehicle law.

II. VEHICLE REGISTRATION - Whether a vehicle must be registered in Virginia depends on who owns the vehicle and whether the owner is a resident or nonresident. Here are the important definitions: "Domicile" is your state of legal residence; the state you consider to be your home state; the state to which you would return if you left the military today. While there is no single, conclusive test to determine domicile, the following factors are relevant: where you were born and raised; where you are registered to vote; where you hold a driver's license; where you pay personal income taxes; where you own property; and where you have other ties such as professional licenses and membership in various organizations. The Soldiers and Sailors Civil Relief Act (SSCRA) prevents a state from creating a presumption that an active-duty military member becomes domiciled in that state simply because he is stationed there. The member may choose to become a domiciliary of that state, but cannot be forced to - he can retain his old domicile throughout his military career.

Contrary to a popular misconception, however, the SSCRA does not give a military member the unlimited right to choose any state as a new domicile. You could not, for example, become a domiciliary of Texas if you are not stationed there. "Nonresident" means every person not domiciled in Virginia, except those who become residents as described below. "Resident" means every person domiciled in Virginia (and physically living here) plus every other person who meets any of the following tests (Note: these tests do not apply to active-duty members but do apply to family members): (i) Works in Virginia for more than 60 days; (ii) Lives in Virginia for 6 months (except nonresident students); or (iii) Registers a car in Virginia using a Virginia address. "Nonresident student" means every nonresident who is enrolled as a full-time student and who is not gainfully employed.

Virginia law requires all vehicles owned by Virginia residents to be registered in Virginia, with one exception. Follow these rules based on ownership of the vehicle: 1) Owned solely by any person domiciled in Virginia (regardless of military status): Must register in Virginia. 2) Owned jointly and one or both owners are domiciled in Virginia (regardless of military status): Must register in Virginia. 3) Owned solely by a civilian who is not domiciled in Virginia (regardless of spouse's or sponsor's domicile): Must register in Virginia within 30 days of becoming a Virginia resident (see definition above). 4) Owned jointly by a military member not domiciled in Virginia and a civilian not domiciled in Virginia: Follow rule 3. Treat the vehicle as if owned

solely by the civilian. 5) Owned solely by a military member who is not a Virginia domiciliary: Must register in either Virginia or the state of domicile. Retaining a registration from a third state--for example, where you were last stationed--is not allowed.

III. DRIVER'S LICENSES - Active duty military members, their spouses and dependent children 16 years or older do not need a Virginia driver's license, provided they have a valid driver's license from the state in which the vehicle is registered. Members and their family members may get a Virginia driver's license without affecting their domicile. If for any reason your driver's license is suspended, revoked, or expired, you can no longer drive in Virginia. Your status as a military member or dependent will not protect you.

IV. PERSONAL PROPERTY TAXES - Vehicles registered in Virginia are subject to a personal property tax. The only exception is for a vehicle registered solely in the name of an active-duty member who is not domiciled in Virginia. A vehicle registered in the names of a husband and wife, where one spouse is a civilian, is subject to taxation, regardless of either spouse's domicile. Some military members choose to avoid the tax by removing the spouse's name from the title. This is done by having the civilian spouse sign over his or her ownership interest on the original title and applying for a new title and registration at the Department of Motor Vehicles. (If the vehicle has a lien against it because of a loan, you may have to get the original certificate of title from the bank.) Note, however, that removing one spouse's name from the title gives sole ownership to the other spouse. This can affect the ability to transfer title if the member dies, and may impact the disposition of the vehicle in a divorce. The tax rate varies depending upon the location, but is currently about \$4.00 tax for every \$100 assessed valuation (which may be less than market value). Thus, a vehicle assessed at \$10,000 would cost \$400 in tax this year. Sales tax (sometimes called "use tax") on vehicles imported from overseas must be paid at the time of registration. A vehicle purchased "tax free" overseas is not exempt from sales tax in the U.S.

V. SAFETY INSPECTIONS - All personnel assigned to Fort Eustis who operate a privately owned vehicle must have a valid safety inspection sticker, in order to register the vehicle on Fort Eustis regardless of what state the vehicle is registered in.

VI. CITY DECALS - The City of Newport News requires that a decal be displayed on the front

windshield of your vehicle(s) next to the Virginia state inspection sticker, or behind the rear view mirror below the tinted area. Newport News police will ticket all vehicles located in Newport News which do not display a valid Newport News decal or other valid decal. This policy is for those automobiles registered in the state of Virginia, and pertains to those who live on post or in the City of Newport News. There is no cost to active duty military members.

VIII. OTHER SELECTED LAWS - (1) All drivers and front seat passengers must wear seat belts; (2) Any child under 4 years old must be in a child safety seat; (3) Pedestrians crossing the street have the right of way; (4) Lights are to be on from sunset to sunrise and anytime that weather conditions are such that you cannot clearly see 500 feet ahead; (5) Dark tinting of windows is illegal; (6) Radar detectors are illegal; (7) Driving 20+ m.p.h. over the speed limit or over 80 m.p.h. is reckless driving, making a court appearance mandatory; (8) Right turns on red, after stop, are permitted; (9) Wearing of radio headsets while driving is illegal, if both ears are covered; (10) Left lanes on highways are for passing only, not for regular driving.

Name: Virginia State Drivers License
POC: Department of Motor Vehicles
Address: 12730 Patrick Henry Highway
City: Newport News, VA 23602
Phone: (757) 757-461-1919
Comments: If you're active duty you need bring only your ID card and current drivers license to obtain a Virginia drivers license. For military spouses if your most recent license from a previous state is expired you must take both the written and the driving exam. If your license is current you will take only the written exam to obtain a Virginia license. The cost of obtaining a license varies, as it is dependent on the length of time before it expires.

Name: Registration Office
POC: Military Police Station
Address: Building 648
City: Fort Eustis, VA 23604
Phone: (757) 878-2948 (Emergency 878-4555)
Comments: Office hours - 0730-1630 M-F To report an accident call 878-4556/4557. Register firearms within 72 hours after assignment to the installation.

Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
Alterations	(757) 887-9446	
Army Community Service	(757) 878-3638/0910	927-3638/0910
Army Youth Services	(757) 878-4448	927-4448
Auto Craft Shop	(757) 878-5440	927-5440
Barracks Phone Service	(757) 888-0235	
Billeting - Transportation Inn, Reservations	(757) 878-5807 or (757)888-0968 (automated)	927-5807
Bowling Center	(757) 878-5482	927-5482
Burger King	(757) 887-1602	
Cable TV, Cox Communications	(757) 497-2011	
Chapel Information	(757) 878-1317	927-1317
Child Development Center	(757) 878-3294	927-3294
Civilian Personnel	(757) 878-2538	927-2538
Claims Office	(757) 878-3536	927-3536
Convenience Store (Shoppette/Class VI)	(757) 887-0882	
Dental Clinic Appointment	(757) 878-3434	927-3434
Education Center	(757) 878-3705	927-3705
Emergency Room	(757) 878-7676	927-7676
Engineering Work Order (on post)	(757) 878-5225	927-5225
Exchange (AAFES PX)	(757) 887-0293	
Finance Office	(757) 878-2895	927-2895
Gas Station - AAFES	(757) 887-0392	
Golf Course (The Pines Golf Course)	(757) 878-2965	927-2965
Gymnasium - Anderson Field House	(757) 878-2097	927-2097
Health Benefits Advisor	(757) 314-7957	927-7957
Hospital Information	(757) 314-7500	927-7500
Housing Office	(757) 878-2506	927-2506
ID card office	(757) 878-0942/0948	927-0942/0948
Legal Office	(757) 878-3031	927-3031
Medical Appointments TRICARE	(757) 677-6000	
Military Clothing and Sales	(757) 878-3169	927-3169
Military Police Station	(757) 878-4555	927-4555
Post Information	(757) 878-1212	927-1212
Post Locator	(757) 878-5215	927-5215
Post Office	(757) 887-2418	
Retirement Services	(757) 878-2953	927-2953
Transportation Office Household Goods	(757) 878-4664/4665	927-4664/4665

Major Unit Listing

<i>Unit</i>	<i>Command</i>	<i>Point of Contact</i>	<i>Commercial</i>	<i>DSN</i>	<i>Fax</i>
7th Transportation Group	FORSCOM	7th Group S1 Personnel Officer	(757) 878-4889/2104	927-4889/2104	
8th Transportation Brigade	TRADOC	8th Brigade S1 Personnel Officer	(757) 878-6591	927-6591	
DENTAC	DENCOM	1SG DENTAC	(757) 878-5778/5500	927-5778/5500	
MEDDAC	MEDCOM	Medical Company Commander	(757) 878-2015	927-2015	

Transportation

BUS SYSTEMS Bus systems are available to accommodate persons who have no off post transportation or prefer not to drive off post. Among them are Greyhound and Peninsula Transportation (PENTRAN). PENTRAN provides public bus service throughout Newport News and Hampton, Monday-Saturday with three stops on Fort Eustis: Greyhound Station outside the front gate; Hines circle, Washington Blvd, across from the Library; and down from the entrance of the Transportation Museum, Washington Blvd. Obtain bus schedules at the Information, Tour, and Travel Office, building 671.(check listings) Greyhound travels to most cities in the continental United States. For travel outside the local area call the Greyhound Station.

TAXI Fort Eustis Cab is located by the Greyhound/Trailways Bus Station just outside the front gate. Services are provided both on and off post. Patrons requiring service to locations on Fort Eustis are charged a flat fee per stop. Service to off post locations are metered. The meter begins at the time of pickup and stops after arriving at the destination. For more information call.(check listings)

RAIL Amtrak. Individuals intending to travel by rail can call the Newport News Passenger Station.(check listings)

AIRPORTS Newport News/Williamsburg International airport is located approximately 7 miles from Fort Eustis, off of Jefferson Avenue, on Bland Blvd. Norfolk International Airport is located at Robin Hood Road and Norview Avenue, off Interstate 64.

TRAVEL OFFICE-Carlson Wagonlit Carlson Wagonlit is a full-service travel company that can help you with both business and leisure travel. Our professional service includes: State of the art airline reservations; Hotel reservations; Rental car and train reservations; Guaranteed lowest applicable airfare; Advanced seat selection and boarding passes; Customized and pre-packaged tours; All-inclusive cruise vacations; \$150,000 free flight insurance; Visa and Passport assistance; Detailed travel itineraries; Group and meeting planning services; 24-hour, toll-free emergency service. Carlson Wagonlit pays a percentage of each ticket purchased to Morale, Welfare and Recreation fund. This money is used to provide leisure time benefits to all active-duty, retirees, DoD civilians, and dependent personnel. No other travel agency gives this advantage. Make Carlson your first stop! If you are planning a trip, whether for business or pleasure, call or visit your local Carlson Wagonlit office.

Name: Information, Tour, and Travel Office
POC: MWR Leisure Center
Address: Building 671
City: Fort Eustis
Phone: (757) 878-3694

Name: Greyhound/Trailways Bus Station
Address: Fort Eustis Blvd (outside Main Gate)
City: Newport News, VA
Phone: (757) 877-2626

Name: Fort Eustis Cab
Address: Fort Eustis Blvd (Greyhound/Trailways Bus Station)
City: Newport News
Phone: (757) 887-1111

Name: Newport News Passenger Station
Address: 9304 Warwick Blvd (route 60)
City: Newport News, VA
Phone: (757) 245-3589
Comments: General Information and Reservations - 1-800-872-7245

Name: Newport News/ Williamsburg International Airport
Address: Bland Blvd, off Jefferson Ave (route 143)
City: Newport News, VA
Phone: Information (757) 877-0221
Comments: For paging call (757) 877-0945. Airlines: American and American Eagle - 1-800-433-7300 United and United Express - 1-800-241-6522 USAir and USAir Express - 1-800-428-4322

Name: Norfolk International Airport
Address: Norview Avenue (1.5 miles east of I-64)
City: Norfolk, VA
Phone: Information (757) 857-3351, 857-3200
Comments: Airlines: American and American Eagle - 1-800-433-7300 Continental - 1-800-525-0280 Delta - 1-800-221-1212 Northwest and Northwest AirlinK - 1-800-225-2525 Trans World and Trans World Express - 1-800-221-2000 United and United Express - 1-800-241-6522 USAir and USAir Express - 1-800-428-4322

Name: Carlson Wagonlit Travel Office
Address: Building 601
City: Fort Eustis
Phone: (757) 887-8798 (Leisure) 878-5577/4176 (Official)

Commissary and Exchange Operations

Name: Commissary
Address: Bldg 1382
City: Fort Eustis
Phone: (757) 878-5608
Comments: Closed on Mondays!

Name: AAFES PX
Address: Patton Ave
City: Fort Eustis
Phone: (757) 887-3564

Name: AAFES P/Xtra
Address: Lee Blvd (next to Commissary)
City: Fort Eustis
Phone: (757) 887-2186

Name: Burger King
Address: Bldg 1328
City: Fort Eustis
Phone: (757) 887-1602

Name: Berkeley Cleaners
Address: Located in PX shopping area
City: Fort Eustis
Phone: (757) 887-1149
Comments: Closed Sunday!

Local Community

Local Community Overview

For more information on this subject:
<http://www.hamptonroads.digitalcity.com>

"The Peninsula" is a name that fits many geographical areas. But here in Virginia it's the name for a close-knit group of cities and counties which share a rich heritage going back to Colonial times and an equally rich vision about being vibrant locales in the 1990s. The Peninsula is blessed with, a pleasant temperature climate, outstanding educational and cultural facilities, plus an endless variety of exciting recreational opportunities; all of which make the Peninsula an extremely attractive place to live. Our locales - Hampton, Newport News, Poquoson, and Williamsburg, and the counties of York, James City, Isle of Wight and Gloucester - provide our residents with countless choices for homes, entertainment and recreation, schools, health care, and businesses. The Peninsula, together with the Southside cities (across Hampton Roads) of Norfolk, Portsmouth, Chesapeake, Virginia Beach, and Suffolk, make up Hampton Roads. As such, we are the nation's 28th largest metropolitan area and a strong drawing card for business, education and cultural development. Water has been the backbone of our communities since the English Colonists sailed up the James River to found Jamestown in 1607. Today, waters such as the James River and Hampton Roads are filled with

sailboats and fishing workboats, behemoth coal carriers, and the submarines and aircraft carriers which play pivotal roles in our Navy. Our rich Colonial historic heritage is woven throughout the Peninsula. Yet, the Peninsula is vibrant in the 1990s. Newport News is home to the nation's largest private shipyard and the Navy's birthing place for nuclear aircraft carriers. The NASA Langley Research Center has helped mankind go from biplanes to space exploration.

NEWPORT NEWS, located on the James River where it joins Hampton Roads, became a permanent settlement in 1621, just 14 years after the first settlers came to America and landed at Jamestown Island on May 13, 1607. The city that started out as a tiny fishing village has one of the finest natural harbors in the world. The original Newport News covered four square miles of land, but after consolidation with Warwick County in 1958 the city grew to encompass 69.2 square miles of land and 1.3 square miles of water. Newport News, along with Norfolk and Portsmouth, constitutes the Port of Hampton Roads, which is part of the State Port Authority. The city is internationally known as home of Newport News Shipbuilding, the largest private employer in the state. The shipyard, established in 1886, can build large civilian liners and a variety of military vessels from large nuclear powered aircraft carriers down to relatively small nuclear submarines. Newport News is also the seaboard terminus for the CSX railroad, with dock and loading facilities for coal and a variety of bulk and container cargo. Other industries include seafood processing, manufacture of automotive parts, windows for homes and officers, electronic parts and photocopiers. Newport News is named after Captain Newport who is said to have come ashore during one of his trips up the James to visit the Jamestown colonists. The first ironclad naval engagement between the Monitor and the Merrimac took place March 9, 1862 off the shores of Newport News. The Monitor-Merrimac Memorial Bridge-Tunnel connecting Newport News with Portsmouth has been built near the site and named in honor of the historic battle.

HAMPTON - It's the hub for Hampton Roads, with more than 100 attractions within arms reach. But modern day frolickers weren't the first to discover Hampton's easy accessibility. Its banks once served as a hub for New World traders and pirates. In fact, the freshly severed head of Blackbeard was stuck on a stick and left at the harbor entrance in 1718. During the Civil War, the ironclads, Merrimac and Monitor exchanged futile cannon fire over this Confederate stronghold. Hampton takes pride in being know as

"America's First." It was the first point of land touched by the English colonists who continued up river to settle Jamestown. Hampton was later settled in 1610 and became America's first continuously English-speaking settlement. Many other firsts followed, such as America's first free education has its roots here and America's first astronauts were trained at NASA Langley Research Center. The city was also the site of America's first Christmas, America's first continuous Anglican church, America's first formal trading post, America's first national seafood festival, and the first site for the National Advisory, Committee for Aeronautics, the precursor of National Aeronautics and Space Administration.

YORK COUNTY is composed of many tiny communities, offering a melting pot of residents and activities. Dare, Seaford, Grafton, Dandy, Lackey, Yorktown, Tabb, and the Bruton District are all part of the 108 square miles that form York County. York County is one of Virginia's original shires and was founded in 1634 as Charles River County. The county and Charles River were renamed York around 1643 in honor of England's Duke of York, who later became King James II. With Revolutionary War battlefields, waterways for boating and fishing and miles of scenic Colonial Parkway, York County lends itself to outdoor activities. A casual walk through historic Yorktown will find quaint shops, the Yorktown Monument and antiquated homes that can be toured. One such house, the Moore House, is the site where the terms of British General Lord Cornwallis surrendered to General George Washington.

POQUOSON, with its odd assortment of neat new homes and old white farm houses complete with long wooden front porches, is a curious blend of families who have lived in the area for generations and newcomers wanting to escape from big city living. Poquoson, pronounced pa-ko-sen, is actually an Indian word that means low, flat swampland. The city, with its many inlets, creeks and streams is believed to be one of the oldest english speaking settlements that has kept its original name. Since the first settlers arrived in the 1630s, Poquoson has continued to attract newcomers. Many residents are seagoing fishermen, oystermen and crabbers. However, a large influx of professionals are rapidly moving to the city. With a steady population of 11,100, Poquoson is a community-oriented city that has something for young and old.

WILLIAMSBURG is best known for the restored and reconstructed buildings that make up Colonial

Williamsburg's Historic Area, but it is also a modern city whose residents enjoy all the latest conveniences, including parks and recreation activities, libraries, shopping centers and, in many areas, underground wiring. Colonists from Jamestown founded the city in 1633 as Middle Plantation. Its name was changed to Williamsburg in 1699 when it became Virginia's capital. The College of William and Mary, named for King William and Queen Mary of England, received its charter in 1693. After the Revolution,

Williamsburg remained the political, social and cultural center of the entire colony until the capital was moved to Richmond in 1780. Thereafter the city became a small college town. During the Civil War it briefly became the headquarters for both sides. Then in 1926, John D. Rockefeller Jr. took the first step in making the dream of the Rev. W.A.R. Goodwin become reality when he was determined to restore, reconstruct and preserve what is now the Historic Area.

Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

Climate

WINTER During the winter season the warm Gulf Stream is at its easternmost limit. Cold waters of the Labrador current are averted southward by the prevailing northerly winds. They replace Gulf Stream waters along the coast of Cape Hatteras and result in depriving the area of the moderating influence of the Gulf Stream. Slow moving cold fronts tend to become stationary near the Gulf Stream during this period. The resulting convergence may produce very strong northeasterly winds, sometimes 40 to 50 knots to the east of Ft. Eustis. Often a series of waves will form on the front east of Hatteras, causing low ceilings, intermittent rain, and strong winds to persist over the area for several days.

SUMMER WEATHER: Frequency of thunderstorm activity reaches a maximum during the summer. Most thunderstorm activity in this area is due to frontal or squall line passage. Cloudiness is at a maximum during the day and minimum at night. June marks the beginning of the hurricane season, however it is not until the middle of August that the

probability of hurricanes affecting the Fort Eustis area increases to significant levels.

SPRING WEATHER: The period of March, April, and May is characterized by fewer cold outbreaks and gradual influence of the "Bermuda High". The result is increasingly better weather conditions for the area. Sharp contrasts in the weather often occur late in the season. Pleasant warm days are interrupted by a thrust of cold polar air. Temperatures may fall 20 to 25 degrees, and strong thunderstorms occur along with passages of cold fronts. Winds are predominately from two directions, northwesterly early in the period becoming southerly late in the season.

FALL WEATHER: During this period (Sep, Oct, Nov), cool dry polar air begins to compete with the moist tropical air of summer. The "Bermuda High" begins to lose its influence as polar outbreaks become more frequent. Hurricane frequency reaches a maximum in September.

NOTE|Average Humidity is measured twice a day at 0700/1300.

Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	46	32	70/58	3.39
February	49	39	73/58	3.31
March	58	41	72/54	3.81
April	67	49	71/51	2.71
May	75	59	76/57	4.06
June	83	67	76/57	4.18
July	86	72	80/61	5.41
August	85	71	83/62	4.09
September	79	65	81/61	4.53
October	69	53	81/61	2.94
November	61	44	78/59	2.30
December	50	36	73/51	3.41

Events Calendar

The Hampton Roads area has something for everyone.

Name: Hampton Bay Days
Address: Downtown Hampton Waterfront
City: Hampton, VA
Phone: (757) 727-6122/1102
Comments: September Hampton's largest festival pays tribute to the Chesapeake Bay with headline entertainers, Chesapeake Bay seafood and exhibits, fireworks, children's entertainment, a juried art show, races, waterskiing shows, and water exhibitions. Free admission.

Name: Harborfest
Address: Downtown Norfolk Waterfront
City: Norfolk, VA
Phone: (757) 627-5329
Comments: During June

Name: Holly Days Home Tours
Address: Trolleys depart from downtown Hampton
City: Hampton, VA
Phone: (757) 727-6429
Comments: During December Visit a turn-of-the-century neighborhood and take a guided tour of several homes, each beautifully decorated by teams of professional florists and designers. Holiday carolers, warm fires, or Father Christmas himself may greet you. Tickets include trolley transportation, home tours and refreshments at the Charles H. Taylor Arts Center.

Name: Holly Days Illuminated Boat Parade
Address: Downtown Hampton Waterfront
City: Hampton, VA
Phone: (757) 727-6429
Comments: During December More than 50 motorized and sail-powered vessels decked out in lights, wreaths and holiday dressing will parade down the Hampton River. Stationary displays at several downtown marinas will transform the waterfront into a kaleidoscope of color and light. Free admission.

Name: Newport News Park Fall Festival
Address: Newport News Park
City: Newport News, VA
Phone: (757) 247-8451
Proximity to site: 3 miles
Comments: First Week in October Features traditional crafts and trades. Folk music, food pavilion, children's area, juried arts and crafts, and exhibitions.

Name: Spirit of Hampton Roads Holly Day Parade
Address: Downtown Hampton
City: Hampton, VA
Phone: (757) 728-3200 or 722-1102
Comments: December The Virginia Peninsula's only illuminated street parade. Marching bands, more than 20 lighted floats, equestrian units and the arrival of Santa and Mrs. Claus. Free admission.

Name: Annual Hampton Jazz Festival
Address: Hampton Coliseum
City: Hampton, VA
Phone: (757) 838-4203
Comments: June This musical weekend annually attracts the nation's top jazz, blues and pop performers, from Stevie Wonder and Aretha Franklin to Kenny G. Admission charged. Call ahead for ticket and performer information.

Name: Colonial Williamsburg
Address: Downtown Williamsburg
City: Williamsburg, VA
Phone: (757) 220-7645
Comments: A 173-acre living museum that recreates life in the 18th century. Included are 88 original houses, shops, taverns and buildings. The capital of colonial Virginia includes the governor's mansion, capital building and much more. One of the world's most famous attractions.

Cultural Attractions

The Peninsula has a host of quality museums and cultural programs. The Virginia Opera, Virginia Stage Company, and Virginia Symphony, all in Norfolk, perform on both the Southside and the Peninsula.

Name: Charles H. Taylor Arts Center
Address: 4205 Victoria Boulevard
City: Hampton, VA
Phone: (757) 722-ARTS(2787)
Comments: Art lovers will enjoy the beautiful colonnaded exterior of the Charles H. Taylor Arts Center as much as its galleries, which feature both traveling national exhibitions and regional artworks. The center, housed in a colonial-style building (1925), also serves as headquarters for the Hampton Arts Commission, which produces and presents the highly acclaimed Great Performers Series each year. Many of the concerts in the series are broadcast live to the nation on National Public Radio. Free admission.

Name: Mariners' Museum
Address: 100 Museum Dr
City: Newport News, VA
Phone: (757) 595-0368
Proximity to site: 10 miles
Comments: This world-famous museum introduces visitors to the lore of the sea and man's exciting maritime adventures over the past 3,000 years. The Mariner's Museum is located off I-64 at Exit 258A in Newport News.

Name: Peninsula Fine Arts Center
Address: 101 Museum Drive
City: Newport News, VA
Phone: (757) 596-8175
Comments: Offers changing monthly exhibits, and is affiliated with the Virginia Museum. Exhibits range from national traveling exhibitions to the works of regional artists. There are also numerous workshops and special events.

Name: Colonial National Historical Park
Address: Follow the Colonial Parkway to either end.
City: Jamestown & Yorktown, VA
Phone: (757) 898-3400
Comments: Retrace the steps of colonial settlers and American patriots at Jamestown Island and Yorktown Battlefield. Discover the sites of the first permanent English settlement at Jamestown and the last battle of the American Revolution at Yorktown connected by the beautiful Colonial Parkway. Interpretive tours available.

Name: Trolley Tours
Address: Downtown Hampton
City: Hampton, VA
Phone: (757) 722-2837
Comments: See historic downtown Hampton by trolley. Free trolleys circle the downtown area seven days a week with over 21 different stops. The trolleys are authentic reproductions of those used in Hampton starting in 1888. Pentran's new wedding trolleys can be leased for just \$55 per hour and can be decorated to the color scheme of your wedding.

Name: U.S. Army Transportation Museum
Address: Bldg 300, Washington Blvd
City: Fort Eustis, VA 23604
Phone: (757) 878-1109
Proximity to site: on post
Comments: Hours T-Su 0900-1630 Closed Monday! The Army Transportation Museum is the only museum in the United States devoted entirely to the history of military transportation. Nearly 100 vehicles, amphibians, aircraft, rail equipment and experimental craft can be seen in the vehicle park and in the helicopter pavilion adjoining the museum. The museum Gift Shop is located in the lobby of the museum and is open seven days a week from 1000-1500. A large variety of transportation memorabilia, ranging from Transportation Corps T-Shirts to Transportation flags, jewelry and novelty gift items are available at moderate prices. Admission is free.

Name: Virginia Air and Space Center
Address: 600 Settlers Landing
City: Hampton, VA
Phone: (757) 727-0900
Comments: A premiere Hampton Roads attraction that serves as the visitors' center for the NASA Langley Research Center. With its Hampton Roads History Center incorporated, it serves as a bridge from the 17th to the 20th centuries. A Smithsonian-like display of aircraft of all types, plus the 300-seat IMAX Theater.

Name: Virginia Living Museum
Address: 524 J.Clyde Morris Blvd
City: Newport News, VA
Phone: (757) 595-1900
Comments: The living world of Virginia, including indoor and outdoor exhibits featuring live animals. There's a planetarium to explore the stars. Also an outdoor wetlands aviary and a fossilized dinosaur footprint that can be touched.

Name: Virginia Marine Science Museum
Address: General Booth Boulevard
City: Virginia Beach, VA
Phone: (757) 425-3474
Comments: Explore the depths of the Atlantic Ocean, walk under the waves of the Chesapeake Bay, witness the life of a salt marsh and stroll through a coastal plains river. Hands-on activities and Dolphin Watch trips out of Rudee Inlet complement this museum.

Name: War Memorial Museum of Virginia
Address: 9285 Warwick Boulevard
City: Newport News, VA
Phone: (757) 247-8523
Comments: A tribute to the veterans of America's wars, the museum contains over 60,000 items of war memorabilia which trace the history of our conflicts.

Recreation Opportunities

There is a lot to do in this area. Ft Eustis is approximately 150 miles from Washington D.C., 60 miles from Richmond, 45 miles from Virginia Beach, 30 miles from Norfolk, and 15 miles from Williamsburg.

Name: Busch Gardens
Address: Route 60
City: Williamsburg, VA
Proximity to site: 13 miles
Comments: Operating Season is March thru October. The 360-acre family entertainment theme park features thrilling rides, entertainment, shopping and restaurants in nine authentic European hamlets and is located three miles east of historic Williamsburg.

Name: Buckroe Beach and Park
Address: End of Pembroke Avenue
City: Hampton, VA
Phone: (757) 727-6347
Comments: For gentle surf, clean sand and excellent fishing, Hampton's Buckroe Beach is the perfect location. Bordering the Chesapeake Bay, Buckroe offers wide beaches and seasonal lifeguards. A new pavilion hosts big band concerts and other events during the summer.

Name: Fort Eustis AQUATIC AND FITNESS CENTER
Address: Washington Ave
City: Fort Eustis, VA 23604
Phone: (757) 878-1090
Proximity to site: on post
Comments: The first of its kind Army wide it brings many hours of entertainment to the soldiers and family members of Fort Eustis. It contains a 30 feet high by 146 feet long water slide that empty's into the Adventure Pool, which also contains a Mushroom Waterfall. You will also find a 25 meter by 25 yard competitive, 10 lane, lap pool with an elevated floor that will raise from the depth of 6 feet to deck level. This addition allows access to the pool for all ages and those with disabilities. The competitive pool area has balcony seating available. In addition to all water activities, the Aquatic center offers a variety of programs from; learning how to swim, lifeguard training, CPR classes, water aerobics, birthday party packages, and more.

Name: The Ice Palace
Address: off of Victory Blvd at Kiln Creek
City: Newport News, VA
Phone: (757)886-0700
Proximity to site: 7 miles
Comments: Skating Rink offering skating lessons, ice hockey leagues for youth and adults. Hockey lessons and equipment packages. Grand Opening July 1996.

Name: Newport News Parks and Recreation
Address: 13564 Jefferson Ave
City: Newport News, VA
Phone: (757) 247-8451
Proximity to site: 3 miles

Name: Norfolk's Exciting Waterfront
Address: Waterfront
City: Norfolk, VA
Comments: Nauticus - A science center, interactive museum, and aquarium. For information call 1-800-664-1000! Harbor Park - Home of the Norfolk Tides, AAA baseball and family fun! For information call 1-800-622-2222! American Rover - Set sail on this tall ship, offering daily cruises. For information call (757)627-SAIL(7254)! Carrie B - 19th century river boat, sightseeing at its best. For more information call (757)393-4735! Spirit of Norfolk - Norfolk's premier cruise ship, dinner,dancing and more. For information call (757)627-7771! The Waterside Festival Marketplace - Food shops, restaurants, nightclubs, artists and boutiques. An experience for the entire family. For information call (757)627-3300!

Name: Norfolk Botanical Garden
Address: Azalea Garden Road
City: Norfolk, VA 23518
Phone: (757) 640-6879
Comments: This 155 acre Garden is dedicated to promoting horticultural and environmental awareness through education, research, display, and interpretation of plants and ecosystems. Take a guided train or boat tour.

Name: Virginia Beach
Address: Virginia Beach Oceanfront
City: Virginia Beach, VA
Proximity to site: 45 miles
Comments: Beautiful beach, sun, and fun.

Name: Water Country USA
Address: Off I-64 at Williamsburg
City: Williamsburg, VA
Phone: 1-800-343-SWIM
Proximity to site: 15 miles
Comments: Operating season is May - September. The newest Anheuser-Busch theme park, Water Country USA, is the largest water theme park in Virginia. More than 30 attractions, pools and play areas tempt even the most sedate visitors. From a gentle jaunt on the Rambling River to a speedy plunge down the 415-foot Jet Stream, the park offers entertainment for the whole family. Water Country USA is open daily through Labor Day.

Military Related and Civic Organizations

Name: Military Affairs Council
POC: Virginia Peninsula Chamber of Commerce
Address: PO Box 7269
City: Hampton, VA 23666
Phone: (757) 766-2000
Proximity to site: 15 miles

Name: Peninsula Social & Civic Club
Address: Shell Road
City: Hampton, VA
Phone: (757) 722-0910
Proximity to site: 10 miles

Name: Veterans of Foreign Wars-176
Address: 24 Forrest Drive
City: Newport News, VA
Phone: (757) 595-0969

Name: VFW Post 6002
Address: 499 Denbigh Blvd
City: Newport News, VA
Phone: (757) 877-9622

Shopping

The Hampton Roads area has a lot to offer for those who like to shop.

Name: Patrick Henry Mall
Address: 12300 Jefferson Avenue (off I-64 exit 255A)
City: Newport News, VA
Phone: (757) 249-4305/2338
Proximity to site: 7 miles
Comments: Department Stores are, Belk, Uptons, Dillards and Hects. Patrick Henry mall offers more than 90 specialty shops, a food court and a seven-screen theatre. Patrick Henry Mall is undergoing a major expansion in 1998.

Name: Coliseum Mall
Address: 1800 W. Mercury Blvd
City: Hampton, VA
Phone: (757) 838-1505
Proximity to site: 18 miles
Comments: Department Stores - JC Penney, Hecht's, Montgomery Ward, and Dillards. 125 specialty stores with a variety of styles and prices to suit your taste and budget, many offering senior citizen and military discounts. The Food Place is an inviting atmosphere which offers the largest selection of food under one roof. Visit the Customer Service Booth in the Main Court for: wheelchairs; stroller rental; Pentran tickets; copies and Fax service available; and gift certificates redeemable at all mall stores.

Name: Outlet Mall
Address: Route. 60
City: Lightfoot, VA
Phone: (757) 565-3378
Proximity to site: 22 miles
Comments: Open Monday thru Saturday 9am-9pm, Sunday 10am-6pm Take I-64 to Exit 234 to Route 60. The mall is located 5 minutes west of Colonial Williamsburg on Route 60. At the Williamsburg Outlet Mall you'll find Factory Direct selection, quality and value at savings 20% - 70% off everyday high retail prices. The mall has over 60 Factory Outlet stores.

Name: The Williamsburg Pottery Factory
Address: Route 60
City: Lightfoot, VA
Phone: (757) 564-3326
Comments: Area Famous Shopping site. Has over 100 outlet stores.

Name: Berkeley Commons
Address: 5711 Richmond Rd (Route 60)
City: Williamsburg, VA
Comments: Outlet, Outlet, Outlet! Plan a day to hit this large outlet mall.

State and Community Social Service Agencies

Refer to the Record Listing (Cross Reference-Support Services Category)

Name: City of Williamsburg Social Service Department
Address: 401 Lafayette Street
City: Williamsburg, VA 23185
Phone: (757) 220-6161

Name: Hampton Department of Social Services
Address: 1320 LaSalle Ave, P.O. Box 9347
City: Hampton, VA 23670
Phone: (757) 727-1800

Name: James City County Social Services
Address: 5249 Old Towne Road
City: Williamsburg, VA
Phone: (757) 565-6855

Name: Newport News Department of Social Services
Address: 6060 Jefferson Ave
City: Newport News, VA 23605
Phone: (757) 247-2300

Name: York County Social Services
Address: P.O.Box 917
City: Yorktown, VA 23690
Phone: (757) 890-3930

Non-Profit Social Service Agencies

Name: USO of Hampton Roads
Address: Coliseum Mall
City: Hampton, VA
Phone: (800) 281-3377

Name: Big Brothers/Big Sisters of the Peninsula
Address: 1520 Aberdeen Road
City: Hampton, VA
Phone: (757) 827-0110

Name: Contact Peninsula
Phone: (757) 245-0041
Comments: 24-hour Emergency Counseling Services - Information/Referral and Group Services.

Name: Peninsula Family Services
Address: 1520 Aberdeen Road
City: Hampton, VA
Phone: (757) 838-1960

Name: United Way of the Virginia Peninsula
Address: 1520 Aberdeen Road, Suite 201
City: Hampton, VA
Phone: (757) 838-9750

Religious Activities

The Peninsula serves as the spiritual home to hundreds of houses of worship. Check the telephone directory for an extensive listing.

Community Transportation

BUS SYSTEMS Bus systems are available to accommodate persons who have no off post transportation or prefer not to drive off post. Among them are Greyhound and Peninsula Transportation (PENTRAN). PENTRAN provides public bus service throughout Newport News and Hampton, Monday-Saturday with three stops on Fort Eustis: Greyhound Station outside the front gate; Hines circle, Washington Blvd, across from the Library; and down from the entrance of the Transportation Museum, Washington Blvd. Obtain bus schedules at the Information, Tour, and Travel Office, building 671.(check listings) Greyhound travels to most cities in the continental United States. For travel outside the local area call the Greyhound Station.

TAXI Fort Eustis Cab is located by the Greyhound/Trailways Bus Station just outside the front gate. Services are provided both on and off post. Patrons requiring service to locations on Fort Eustis are charged a flat fee per stop. Service to off post locations are metered. The meter begins at the time of pickup and stops after arriving at the destination. For more information call.(check listings)

RAIL Amtrak. Individuals intending to travel by rail can call the Newport News Passenger Station.(check listings)

AIRPORTS Newport News/Williamsburg International airport is located approximately 7 miles from Fort Eustis, off of Jefferson Avenue, on Bland Blvd. Norfolk International Airport is located at Robin Hood Road and Norview Avenue, off Interstate 64.

Education

Education Overview

For more information on this subject:
<http://www.hamptonroads.digitalcity.com>

There are many means of obtaining an education in the Hampton Roads area. The public schools for children on post are the Newport News Public Schools. Newport News, along with the outlying communities of Yorktown, Williamsburg, and Hampton have highly noted school programs. (Visit the Hampton Roads online community for education information.) Private schools are numerous. There are many different focuses and backgrounds of the private schools in the area. Colleges and Universities are plentiful in the Hampton Roads area. There are a variety of ways to achieve degrees from AA to PHD in a number of different fields.

The Army Education Center provides educational services for active duty military personnel located at Fort Eustis and in the adjacent military communities. Adult family members of these military personnel are provided limited educational services on a space available basis. Services provided include counseling, outreach, testing, college programs from the AA Degree through the Master's Degree and remedial instruction in Math and English as well as Military Occupational Specialty (MOS) library services. Virginia state supported colleges require military personnel to pay out of state tuition rates unless they use Tuition Assistance (TA) Funds. There are no Tuition Assistance Funds available to family members. The only way you can avoid out of state tuition rates is by being a resident of the state of Virginia, or by using TA, if eligible. General Education Development (GED) testing is available to military personnel without charge. Family members may take GED pre-tests to determine areas of deficiency at the Education Center, but they must take the official GED tests in the local community. Call for more information and about the going rates. The Education Center has three colleges on post which provide programs of study leading to AA Degrees through Master's Degrees. Some off-post colleges have representatives who come to Fort

Eustis to provide counseling services, either weekly or monthly.

Name: Army Education Center
POC: ATTN ATZF PTE (official mail only)
Address: Building 1708
City: Fort Eustis
Phone: (757) 878-5508 DSN 927-5508

Public and DODDS Schools

For more information on this subject:
<http://www.hamptonroads.digitalcity.com>

There are no DODDS schools on Fort Eustis. Newport News Public Schools service the children who live on Fort Eustis.

To enter students in Public Schools parents must provide:

- 1)academic transcripts/reports from previous schools
- 2)up-to-date health and vaccination records/statements
- 3)birth certificates
- 4)proof of residency

A recommended first step is to call the appropriate school administration office. School representatives can provide specific details about what school a child will attend and what records are needed.

Newport News City Schools Newport News City School Division has three early childhood centers, twenty-eight elementary schools, eight middle schools, and six high schools. COMPREHENSIVE PROGRAMS provide a complete and well balanced educational program designed to meet the needs of all children. Comprehensive schools offer a rich and broad program of study, addressing math, science, english and language arts, social studies, the arts, and physical education. MAGNET PROGRAMS offer a specialized focus in the curriculum (such as engineering or technology) or distinctive types of environments and instruction (such as the open school model). It is important to note two things about magnet programs: (1) All comprehensive and magnet programs and specialty academies are built around the same core curriculum in all disciplines and meet all state Standards of Learning. A solid foundation in all subjects. (2) Students do not have to attend the magnet programs to receive an excellent education. Graduation requirements: Must complete required 21 credit hours for regular study; advance program needs 23 credit hours.

York County Schools The York County School Division has ten elementary, four middle, and

four high schools. Graduation requirements: Must complete required 21 credit hours for regular study, advance program requires 23 credit hours. Special Programs: Naval JROTC. Gifted & talented program is designed to serve students identified as gifted in general intellectual ability. It serves approximately five percent of the student population in Kindergarten through grade twelve.

Williamsburg-James City County The WJC School Division includes six elementary schools, three middle schools, and two high schools. All schools are accredited by the Southern Association of Colleges and Schools. The mission of WJC Schools is to achieve excellence in education through partnership with home and community, so that each student becomes a lifelong learner, an independent thinker, and a responsible citizen. Parental involvement is prominent in the WJC school system. Parent awareness and involvement is encouraged through parent/student handbooks, parent-teacher associations at each school, quarterly newsletters, parental involvement on a variety of policy-making committees, as well as parent-teacher conferences. Graduation requirements - Must complete 21 credits for regular study, 23 credits for advanced studies.

Hampton City Schools Graduation requirements - Must complete required 21 credit hours. Special Programs: JROTC, Gifted office; Grades K-2, Project Leap; grades 3-5, Gain Program; grades 6-8, grades 9-12, gifted course offerings and advanced placement courses. Outstanding 10th & 11th graders may apply to attend the Governor's School for Academics and the Arts, which is a summer residential program for the visual and performing arts, humanities, mathematics or science and technology. FOR MORE INFORMATION ON PUBLIC SCHOOLS PLEASE CALL OR WRITE THE RELOCATION PROGRAM AT - ARMY COMMUNITY SERVICE, BLDG 601, FORT EUSTIS, VIRGINIA 23604 - Telephone (757) 878-0920 WE ARE HERE TO HELP!

Name: Hampton City Schools
POC: Administrative Offices
Address: 1819 Nickerson Blvd
City: Hampton, VA 23663
Phone: (757) 850-5200

Name: Newport News City Schools
POC: Administrative Offices
Address: 12465 Warwick Blvd
City: Newport News, VA 23606
Phone: (757) 591-4500
Comments: Call for more information regarding hours and specific locations.

Name: Williamsburg-James City County Public School District
Address: P.O Box 179
City: Williamsburg, VA 23187--0179
Phone: (757) 253-6777

Name: York County School District
POC: Administrative Offices
Address: 302 Dare Road
City: Yorktown, VA 23692
Phone: (757) 898-0300

Private Schools

For more information on this subject:
<http://www.hamptonroads.digitalcity.com>

There are numerous independent private institutions and church related schools in the area. Many offer accelerated programs for gifted students. Some independent schools known for their gifted programs are Norfolk Academy, Cape Henry Collegiate, Baylake Pines Private School and the Williams School. There are waiting lists at many schools, particularly for first grade classes. Most schools require admissions tests. Tuitions vary widely and increase with the grade level at most institutions. Pre-school can cost as much as \$2,000 for a five-day-week program. Middle schools range from \$1000-\$5000 per year. High school costs can range from \$3,000-\$5,000 a year.

In addition to basic fees, students pay for books and transportation. All private schools are not accredited.

FOR MORE INFORMATION ON PRIVATE SCHOOLS PLEASE CALL OR WRITE THE RELOCATION PROGRAM AT - ARMY COMMUNITY SERVICE, BLDG 601, FORT EUSTIS, VIRGINIA 23604 - Telephone (757) 878-0920. WE ARE HERE TO HELP!

Name: Virginia Department of Education
POC: Monroe Bldg
Address: 101 N. 14th St.
City: Richmond, VA 23219
Phone: (804) 225-2094
Comments: For further information about accreditation call or write the above address.

Colleges and Universities

There are numerous Colleges and Universities in the Hampton Roads area.

The following colleges/universities have their administrative offices located in the Education Center and provide classes on post: St Leo College, provides programs leading to an Associate Of Arts Degree in General Studies. The college also has programs leading to a Bachelor Of Liberal Arts Degree with concentration in a number of different areas. They can be reached at (757)887-0655, Monday through Friday 0900-1700. Embry Riddle Aeronautical University provides programs leading to Associate and Baccalaureate Degrees in Aviation. They can be reached at (757) 887-0980, Monday through Thursday 0900-1700 and Friday 0830-1430. Florida Institute of Technology provides programs leading to Master's Degree in various areas of management. They may be reached at (757) 887-2488, Monday through Friday 0730-1600. Also, there are three colleges who have representatives available at the Education Center on a weekly basis; those are Troy State University, Thomas Nelson Community College, and Old Dominion University. A Christopher Newport University representative is available on a monthly basis. Call the Education Center for more information.

RESIDENCY REQUIREMENTS FOR IN STATE TUITION Active duty military personnel are charged in-state tuition at Virginia State supported schools if using military Tuition Assistance (TA). Family members are not eligible for TA and normally must pay out of state tuition unless they have established residency in Virginia. Private schools charge one rate. Personnel using GI Bill benefits will pay out of state charges at Virginia State supported schools unless they are Virginia residents. The one year waiting period to establish residency may be waived for active duty members who choose to pay Virginia income tax. To initiate payment of Virginia income tax, members should contact the dispersing office maintaining their pay record and complete a DD 2058 in duplicate. For additional information on

qualifying for in state tuition contact the school's admissions office.

Name: Army Education Center
City: Fort Eustis
Phone: (757) 878-5508 DSN 927-5508
Comments: Call for more information on the colleges available at the Education Center.

Name: Christopher Newport University
Address: 50 Shoe Lane
City: Newport News, VA 23606
Phone: (757) 594-7000
Proximity to site: 10 miles
Tuition: VA State Supported
Comments: SPECIALTIES - 50 disciplines, masters of science degree in applied physics and computer science, masters of science degree in applied psychology (industrial and organizational psychology), masters of art in teaching program, a strong liberal arts and business school. MS in Environmental Science, MS in Nursing.

Name: College of William and Mary
Address: P.O. Box 8795
City: Williamsburg, VA 23187--8795
Phone: (757) 221-4000
Proximity to site: 24 miles
Tuition: VA State Supported
Comments: SPECIALTIES - strong undergraduate education in the arts and sciences, with graduate schools in business, education, law, marine science, and arts and sciences. Traditional full time undergraduate programs. Part-time graduate programs.

Name: Commonwealth College
Address: 1120 W Mercury Blvd
City: Hampton, VA
Phone: (757) 838-2122
Tuition: Private Business School

Name: Eastern Virginia Medical School
Address: 700 Olney Road
City: Norfolk, VA
Phone: (757) 446-5600
Tuition: Private
Comments: SPECIALTIES - Ph.D in clinical psychology and biological science, master's in art therapy, and certificate in surgical assistance. School is part of the Medical College of Hampton Roads.

Name: ECPI Computer Institute
Address: 1919 Commerce Drive
City: Hampton, VA
Phone: (757) 838-9191
Tuition: Private Trade School

Name: George Washington University
Address: One Enterprise Parkway
City: Hampton, VA
Phone: (757) 838-8100
Tuition: Off Campus Resident Program
Comments: SPECIALTIES - master's program in human resource development, engineering administration, aerospace engineering and higher education, public administration, and supervision and administration.

Name: Hampton University
City: Hampton, VA 23668
Phone: (757) 727-5000
Tuition: Private
Comments: SPECIALTIES - 47 disciplines with an emphasis in science, engineering, business (including MBA), humanities, teacher education, architecture, nursing, and Ph.D. in physics.

Name: Johnson & Wales University at Norfolk
Address: 2428 Alameda Ave, Suite 316
City: Norfolk, VA
Phone: (757) 853-3508
Tuition: Off Campus Resident Program
Comments: SPECIALTIES - culinary arts education, two-year associate's program and one-year certificate program are offered on day schedules and weekend/evening schedules. Noncredit, hands-on recreational cooking classes are offered in the evenings. Approved for VA benefits and military tuition assistance programs.

Name: Norfolk State University
Address: 2401 Corpew Ave
City: Norfolk, VA 23504
Phone: (757) 683-8600
Tuition: Virginia State Supported
Comments: SPECIALTIES - Historically, the academic emphasis at NSU has been on the liberal arts. The academic focus now also includes the sciences, high technology disciplines, research and offers 70 undergraduate degree programs and 13 graduate programs with an emphasis on social work, business, science and nursing.

Name: Old Dominion University
Address: 5215 Hampton Blvd
City: Norfolk, VA 23529--0018
Phone: (757) 683-3637
Tuition: Virginia State Supported
Comments: SPECIALTIES - 66 bachelor's programs, 61 master's programs and 21 doctorate programs with an emphasis on international affairs, health occupations, business, urban studies, fine and performing arts, engineering and technology and science.

Name: Regent University
Address: 1000 Centerville Turnpike & Indian River Road
City: Virginia Beach, VA 23464--9800
Phone: (757) 523-7444
Tuition: Private
Comments: SPECIALTIES - 14 graduate degrees with emphasis on business, education, communications, law, theology and ministry, counseling and public policy. No undergraduate programs.

Name: Thomas Nelson Community College
Address: 99 Thomas Nelson Drive, P.O. Box 9407
City: Hampton, VA 23670
Phone: (757) 825-2800
Tuition: VA State Supported
Comments: SPECIALTIES - Operational and Technical certificates/diplomas/associate degrees, and associate degrees in arts and sciences.

Name: Virginia Wesleyan College
Address: Wesleyan Dr
City: Norfolk, VA 23502--5599
Phone: (757) 455-3263
Tuition: Private
Comments: Adult Studies Phone# (757) 455-3263 SPECIALTIES - 30 undergraduate majors with an emphasis on liberal arts. Traditional, full time programs.

Name: Tidewater Tech
Address: 616 Denbigh Blvd
City: Newport News, VA
Phone: (757) 874-2121
Tuition: Private Trade School
Comments: Medical, Computers, Dental

Name: Medical Careers Institute
Address: 11790 Jefferson Avenue
City: Newport News, VA 23606
Phone: (757) 873-2423
Tuition: Private Trade School
Comments: LPN, Med Asst, Dental Asst, Med Transcription, Med Secretary

Name: Kee Business College
Address: 803 Diligence Drive
City: Newport News, VA
Phone: (757) 873-1111
Tuition: Private Business School
Comments: Med Asst, Med Office Mgmt, Business Operations/Computer Applications

Name: Troy State University
Address: BLDG CEP-87, Rm 206
City: Norfolk Naval Base, VA
Phone: (757) 451-8202
Tuition: Off Campus Resident Programs
Comments: Graduate studies in management, public administration, and human resources.

Adult or Continuing Education

The Adult Continuing Education department of the Newport News School System offers a GED Review Program four times a year. The cost varies. Additionally a Basic Education Program is offered which focuses on teaching basic skills in Reading, Language Arts, and Math. This program is offered

for free and has an open entry, open exit policy. All one needs to do to register is show up at any class at any time throughout the year.

Special Education

Name: EPIC-Early Prevention & Intervention for Children
Address: Canon Blvd
City: Newport News, VA
Phone: (757) 873-0058
Comments: Serves ages infant to 3 years. Provides screenings, testing, speech, occupational physical therapy.

Name: Hampton School District
Address: 1819 Nickerson Blvd
City: Hampton, VA 23669
Phone: (757) 850-5285
Comments: Serves ages 4 through High School.

Name: Newport News School District
Address: 12465 Warwick Blvd
City: Newport News, VA 23601
Phone: (757) 591-4592
Comments: Serves ages 4 through High School.

Name: Paces - Autistic/ED
Address: 1501 Kiln Creek Parkway
City: Newport News, VA
Phone: (757) 886-7958
Comments: Serves ages 5 through High School. Autistic and Emotionally Disturbed.

Name: Program for Educating Exceptional Pre-schooler
POC: PEEP
Address: 21 Burns Drive
City: Newport News, VA 23601
Phone: (757) 591-4811
Comments: Serves ages 3-7. Provides all screenings, testing, speech, occupational physical therapy.

Name: Virginia School for the Deaf and Blind
Address: 700 Shell Road
City: Hampton, VA 23661
Phone: (757) 247-2050

Name: York County School System
Address: 302 Dare Rd
City: Yorktown, VA 23692
Phone: (757) 898-0308

Employment

Employment Overview

For more information on this subject:
<http://www.hamptonroads.digitalcity.com>

The Virginia Peninsula has benefited from significant economic growth over the past decade. We have seen the location of many new industries which have both diversified the local economy but more importantly provided a significant amount of job opportunities for the local population as well as newcomers.

The majority of employment opportunities for family members in the Hampton Roads area are in medical, sales, production, and service fields. Management positions are scarce. The area is heavily populated with military communities from all branches of service. There are jobs, but the employment market is very competitive and wages/salaries are relatively low. Several large companies have made Hampton roads their home. Among these are Gateway 2000, Colonial Williamsburg, Amhauser-Busch, MCI, and Canon. Phone numbers and addresses for the above can be found under the heading "Private Sector Employment".

Job seekers from other locations should be aware that employment opportunities with many of the largest companies are often limited to temporary or part-time hourly workers provided by local temporary agencies. Appropriated (civil service) and Non-appropriated Fund (NAF) jobs, are scarce due to the downsizing of the government and the rise of out-sourcing (contracting).

Family members with prior military experience and skills and retirees may find limited employment opportunities with Government Contractors. Family Members who are unable to find immediate employment are encouraged to volunteer their skills with one of the many installation or local agencies that utilize volunteers. Volunteer service counts as work experience and volunteers are often among the first candidates considered when paid positions become available. Such agencies include Army Community Service, the American Red Cross, Youth

Services, Child Development Services, and Army Family Team Building, local schools, and a variety of human services and religious agencies. For job hunting purposes, hand carry all employment records and information, prior and current resumes, college transcripts, licenses, certificates, SF-171s, and SF-50s.

Federal Civilian Employment for Spouses

Spouse Employment Preference for Appropriated Fund positions is afforded only the DOD Priority Placement Program. In order to be eligible, the spouse must already be serving on an accepted appointment at the time the orders are issued. The spouse must be placed on leave without pay or be separated from their appointment due to their PCS in order to receive spouse preference priority placement consideration. Spouse employment preference is not working well due to downsizing of the government and the DoD hiring freeze. Contact the Civilian Personnel Assistance Center on Fort Eustis for more information and help with finding government employment.

Name: Civilian Personnel Advisory Center (CPAC)
Address: Building 670, Lee Blvd
City: Fort Eustis
Phone: (757) 878-2583

Name: Langley AFB Civilian Personnel Office
Address: 45 Nealy Ave, Suite 217
City: Langley AFB, VA 23665
Phone: (757) 764-7721
Comments: Contact CPO for Spouse Preference information and any other information you might need concerning federal employment in the local area.

Permanent Employment Resources

Army Community Service offers a Family Member Employment Assistance Program to provide employment information and assistance. You can update your resume, use the resource library and/or learn about volunteer and educational opportunities.

The listings represent a sampling of the opportunities for permanent employment.

Name: Family Support Center
POC: Career Focus Manager
Address: 376 Clarke Ave, Suite 110
City: Langley AFB, VA 23665--1898
Phone: (757) 764-3990
Comments: Visit our Resource Center and ask us about our many employment related resources and seminars. Hours : 0800-1700 M-F

Name: Unemployment Office
POC: Virginia Employment Commission
Address: 1320 LaSalle Avenue
City: Hampton, VA 23669
Phone: (757) 727-4884
Comments: File for unemployment compensation at the above office. Compensation is based on length of employment and your most recent salary; compensation varies from person to person.

Name: Virginia Employment Commission Job Services Office
POC: Army Community Service
Address: Building 601
City: Ft Eustis
Phone: (757) 878-0906
Comments: Free Virginia State Agency for employment resources. Orientation program every work day at 0900. The VEC has great resources for employment.

Temporary Employment Resources

Many family members stationed at Fort Eustis find employment with national temporary employment services or with local no-fee employment agencies. Check the Yellow Pages for multiple listings on Temporary Employment Resources.

Non-Paid or Volunteer Opportunities

Family members who are unable to find immediate employment are encouraged to volunteer their skills with one of the many installation agencies who utilize volunteers, i.e. Army Community Service, American Red Cross, Youth and/or Child Development Services, and Army Family Team Building to name a few. An advantage of volunteering on post is free child care. For more information contact the Fort Eustis volunteer coordinator at Army Community Service. Army Community Service has a number of programs that need volunteers. You can get extensive on the job

training and computer experience. Call for more information at (757)878-3638.

Name: Boys' and Girls' Club of the Virginia Peninsula
Phone: (757) 872-6616
Comments: Need volunteers to instruct youth in recreational activities.

Name: Boys' and Girls' Club of Hampton Roads
Phone: (757) 244-6610
Comments: Need volunteers to help teach basic and intermediate computer operations to club members ages 14-18.

Name: Fort Eustis
POC: Installation Volunteer Coordinator
Address: Building 601
City: Fort Eustis
Phone: (757) 878-0909

Name: American Red Cross
Address: Bldg 922
City: Ft Eustis
Phone: (757) 878-3339

Name: Youth Services
Address: Bldg 1102
City: Ft Eustis
Phone: (757) 878-4448

Name: Child Development Services
Address: Bldg 925
City: Ft Eustis
Phone: (757) 878-4025

Name: U.S. Army Transportation Museum
Address: Bldg 300
City: Fort Eustis
Phone: (757) 878-1109

Name: Fort Eustis Chapel Community
City: Fort Eustis
Phone: (757) 878-1440

Name: DPCA Marketing
Address: Bldg 210
City: Fort Eustis
Phone: (757) 878-4430

Name: USO of Hampton Roads
Address: Bldg 671
City: Ft Eustis
Phone: (757) 878-2415

Name: Peninsula Habitat for Humanity
Phone: (757) 596-5553
Comments: Need volunteers to monitor sweat equity hours, teach basic home maintenance, visit home owners, plan special event for Habitat families and counsel with families behind in house payments. Also volunteers needed to perform pro bono closings for homes being sold. Also volunteers needed to build houses for people with low incomes.

Chambers of Commerce

Another great source of information on Fort Eustis and the Hampton Roads area is the Chamber of Commerce.

Name: Hampton Roads Chamber of Commerce
Address: 420 Bank St
City: Norfolk, VA 23510
Phone: (757) 622-2312

Name: VA Peninsula Chamber of Commerce
Address: 6 Manhattan Square
City: Hampton, VA 23666
Phone: (757) 766-2000
Comments: The Chamber assists individuals moving to the Peninsula by being a focal point whereby new arrivals can obtain information. The chamber also has available a resource guide and a newcomer's packet.

Name: Williamsburg Chamber of Commerce
Address: 201 Penniman Road, P.O. Box Drawer HQ
City: Williamsburg, VA 23185
Phone: (757) 229-6511

Private Sector Employment

The majority of employment opportunities available to Fort Eustis families can be found in Newport News, Hampton, Williamsburg, and Norfolk. The record listing represents a sampling of private sector employment in our area. For assistance in locating additional resources contact the Virginia Employment Commission at Army Community Service at (757)878-0906.

Name: Anheuser-Busch
Address: 5251-26 John Tyler Hwy
City: Williamsburg, VA
Phone: (757) 253-4820
Comments: Employment is handled by the VA Employment Commission.

Name: BASF Corp-Fiber Division
Address: P.O. Drawer D, Route 60
City: Williamsburg, VA 23505
Phone: (757) 887-6000
Comments: Manufacture fibers and yarns.

Name: Busch Gardens
POC: Anheuser-Busch Company
Address: 1 Busch Garden Blvd
City: Williamsburg, VA 23187
Phone: (757) 253-3020

Name: Canon Virginia
Address: 12000 Canon Blvd
City: Newport News, VA 23606
Phone: (757) 881-6020
Comments: Manufacturer of photocopying machines and laser printers.

Name: Colonial Williamsburg Foundation
Address: 134 N. Henry St
City: Williamsburg, VA 23185
Phone: (757) 220-7000
Comments: Outdoor living history museum.

Name: Nations Bank
Address: 2 Commercial Place
City: Norfolk, VA 23501
Phone: (757) 727-9339

Name: Newport News Shipbuilding
Address: 4101 Washington Ave
City: Newport News, VA 23607
Phone: (757) 380-2000
Comments: Shipbuilding and repair.

Name: Riverside Health System
Address: 500 J. Clyde Morris Blvd
City: Newport News, VA 23601
Phone: (757) 594-2001/3028
Comments: Health Care

Name: Siemens Automotive Group
Address: 615 Bland Blvd
City: Newport News, VA 23602
Phone: (757) 875-7000
Comments: Fuel injection plant

Name: Sentara Health System
POC: (Headquarters)
Address: 6015 Poplar Hall
City: Norfolk, VA
Phone: 1-800-736-8272 (Headquarters)
Comments: Health Care

Name: Virginia Power
Address: Pembroke Ave and G St
City: Hampton, VA 23661
Phone: (757) 928-6610
Comments: Electric Utility

Government Employment

Government Service (GS) job availability is low due to the downsizing and the DoD hiring freeze. The few openings that do become available, individuals in the system have priority. There is also a rise in private contracting to the government, so GS positions are declining. The listings represent a sampling of government employment opportunities.

Name: Office of Personnel Management
Address: 200 Granby Street
City: Norfolk, VA 23510--1886
Phone: (757) 441-3355 (recording)

Name: Civilian Personnel Advisory Center
Address: Bldg 670, Lee Blvd
City: Ft Eustis
Phone: (757) 878-2583

Name: Non-Appropriated Funds (NAF)
Address: Ft. Eustis - Bldg 670
City: Ft Eustis
Phone: (757) 878-3708

Name: AAFES
Address: Bldg 1384
City: Ft Eustis
Phone: (757) 887-0293
Comments: AAFES will accept applications between the hours of 0900-1100 and 0100-1530, on Tuesday and Thursday.

Name: AAFES
POC: Dan Daniel Distribution Center
Address: 231 Enterprise Drive
City: Newport News
Phone: (757) 888-2800

Professional or Occupational Licensing

Name: State Licensing for the Commonwealth of Virginia
POC: Department of Commerce Enforcement Division
Address: 3600 West Broad Street
City: Richmond, VA 23230--4917
Phone: (804) 367-8500/8590
Comments: The Department of Commerce issues licenses and is responsible for disciplining most of the businesses and occupations that the Virginia General Assembly has determined should be regulated in order for the public safety, health, and welfare to be protected. Businesses and occupations regulated by the department include: Accountants (CPA), Architects, Asbestos Related Occupations, Auctioneers, Barbers, Branch Pilots, Boxers, Child Care Providers, Contractors, Cosmetologists, Employment Counselors and Agencies, Professional Engineers, Geologists, Harbor Pilots, Hearing Aid Dealers and Fitters, Interior Designers, Certified Landscape Architects, Land Surveyors, Opticians, Polygraph Examiners, Private Security Services, Real Estate Agents, Appraisers, and Brokers. Also, Soil Scientists, Sports Agents, Waste Management, Water and Wastewater Works Operators.

Name: Education Certification
POC: Department of Education
Address: P.O. Box 6Q
City: Richmond, VA 23216--2060
Phone: (804) 225-2094
Comments: The Department of Education handles the certification process for: Teacher Certification Public School Administrators School Guidance Counselors School Social Workers

Name: Medical Field Licensing
POC: Department of Health Professionals Regulatory Board
Address: 1601 Rolling Hills Dr.
City: Richmond, VA 23229--5005
Phone: (804) 662-9920
Comments: This Department does the licensing and certification for: Acupuncturists, Chiropractors, Correctional Health Assistants, Counselors (Licensed Professional), Occupational Therapy Personnel, Optometrists, Pharmacists, Physical Therapy Personnel, Physicians and Physicians Assistants, Podiatrist, Respiratory Therapist, and Speech Pathological and Audiologists.

Name: Nursing Licensure
POC: Virginia Board of Nurses
Address: 1601 Rolling Hills Dr.
City: Richmond, VA 23229
Phone: (804) 692-9909
Comments: This department does the licensing and certification for: Registered Nurses, Licensed Practical Nurses, Nurse Practitioners, and Nurse Aide (C.N.A.).

Name: Dental Licensure and Certification
POC: Virginia Board of Dentistry
Address: 1601 Rolling Hills Drive
City: Richmond, VA 23229--5005
Phone: (804) 662-9920
Comments: The Board of Dentistry handles licensure and certification for Dental Hygienist and Dentists.

Name: Emergency Medical Technician
POC: Division of Emergency Medical Services
Address: 1538 E. Parham Road
City: Richmond, VA 23228
Phone: (804) 367-2102

Networking Opportunities

The military spouse, who is seeking to develop a personal career must tackle the problems imposed by frequent moves. Networking before you move as well as after you arrive can sometimes be the key to a successful job search.

Tips: *Get involved with post agencies. Take Army Family Team Building Classes to familiarize yourself with community resources. *During the time when you are looking for work - VOLUNTEER!!! It's a great way to demonstrate your abilities and it is rewarding. It also looks great on a resume! *Check to see if your present employer has a facility in the local area. A transfer may be possible. *Talk about your move to friends, relatives or co-workers. They may have some ideas that can help. *Contact the local Chamber of Commerce for local business listings.

Medical And Dental

Medical and Dental Overview

Active duty service members have priority for medical and dental care on Fort Eustis. Other authorized beneficiaries may only receive medical and dental care on a standby space available basis. McDonald Army Community Hospital, is a 30 bed fully operational medical facility that provides care to over 50,000 eligible beneficiaries to include active duty soldiers, their family members, and the retirees who reside in the Hampton Roads area. The hospital functions as a vital member of TRICARE, a Department of Defense medical program which promotes the sharing of medical resources between McDonald Army Community Hospital, Fort Eustis, 1st Medical Group, Langley Air Force Base, Virginia and Portsmouth Naval Medical Center, Portsmouth, Virginia to offer eligible beneficiaries quality primary and specialty healthcare at a cost-savings. McDonald Army Community Hospital offers beneficiaries who enroll into TRICARE Prime, the Department of Defense managed care program or HMO-like option under the TRICARE umbrella, the choice of enrolling into one of two primary care clinics located under its roof. The MACH Prime 1 Clinic, located on the hospital's first floor, offers both

primary care and specialty care appointments for Prime enrollees. In addition to its in-patient services, McDonald Army Community Hospital provides outpatient care in the following specialties: Eye, Nose, and Throat, Ophthalmology, Optometry, Dermatology, Gynecology, Psychology, Orthopedics, Podiatry, Physical Therapy, and Preventative Medicine. The new third floor clinic, TRICARE Prime-Fort Eustis, is a contractor-operated clinic that features primary care appointments and is equipped with an on-floor laboratory, radiology suite, and mini-pharmacy. Both clinics offer evening hours and Saturday appointments with the third floor open Sundays and holiday hours for your convenience. Beneficiaries who are CHAMPUS eligible may enroll into TRICARE Prime or elect to use TRICARE Standard or TRICARE Extra at their discretion. For CHAMPUS-eligible beneficiaries who opt not to enroll into TRICARE Prime, space available appointments may be available for family members and retirees. For more information on McDonald Army Community Hospital or how to enroll into TRICARE Prime contact the Health Benefits Advisor or hospital information. All beneficiaries are invited to contact the clinical or administrative offices of McDonald Army Community Hospital by calling the main information number (listed below). In an emergency, all callers should immediately dial '911' for immediate assistance. If a medical situation is not an emergency, but may require urgent medical attention, callers may call the Nurse-On-Call medical advice telephone system at 468-1871(local) or by calling 1-800-434-8997 if out of the area. All patients who

present to the Urgent Care Center at McDonald will be assessed with respect to their medical condition by the Head nurse or physician. Based on the medical assessment, each patient is assigned a priority level of care. Patients will be seen in a manner consistent with the priority level of care assigned to their medical situation.

The Dental Command (DENTAC) mission is to serve Active Duty soldiers only. Family members must be enrolled in the United Concordia Dental Plan. This Dental Plan provides insurance coverage for family members who must see civilian dentists.

Name: Hospital Information
POC: McDonald Army Community Hospital
City: Ft Eustis
Phone: (757) 314-7500

Name: TRICARE Service Center
POC: McDonald Army Community Hospital
City: Ft Eustis
Phone: 1-800-931-9501

Medical Services/Directory - on Installation

(Cross Reference - category - At A Glance, Medical & Dental) The At a Glance section of Medical Services lists services that are available on Fort Eustis (specifically). We are in a TRICARE region and do have most services available.

Medical Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
24 Hour Ambulance Service		(757) 878-4555
Admission/Discharge-Inpatients		(757) 314-7888
Civilian Personnel		(757) 314-7831
Community Health Nurse		(757) 878-4755
Dental Clinic		(757) 314-7925
Drug & Alcohol Prevention		(757) 878-4601
EFMP Coordinator		(757) 314-7923
Eye, Ear, Nose & Throat		(757) 314-7620
Hospital Information		(757) 314-7500
Immunization		(757) 314-7673
Internal Medicine		(757) 314-7715
Laboratory/Pathology		(757) 314-7580
MACH Prime 1 (Adult Clinic)		(757) 314-7690
MACH Prime 1 (Pediatrics)		(757) 314-7731
Medical Boards		(757) 314-7870
Mental Health		(757) 314-7558
Nutrition Care Division		(757) 314-7755
Outpatient Records		(757) 314-7874
Patient Representative		(757) 314-7855
Pharmacy		(757) 314-7938
Pharmacy (Satellite)		(757) 878-2539
Pharmacy Refill (Automated Call In)		(757) 878-3455
Physical Exam		(757) 314-7896
Physical Therapy		(757) 314-7635
Podiatry/Orthopedics		(757) 314-7602
Portsmouth Tricare Service Center		1-800-990-8272
Radiology		(757) 314-7745
Social Work/Family Advocacy		(757) 314-7910
Surgery/Dermatology		(757) 314-7590
TRICARE Service Center		1-800-931-9501
Tricare Prime Clinic 3rd Floor		(757) 887-0017
Urgent Care Center		(757) 314-7675
Women's Health Clinic		(757) 314-7606

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

TRICARE At the heart of our operation lies TRICARE, the military's approach to managed care. TRICARE has three different healthcare plans designed to offer you improved access to care, quality care, and cost-savings. TRICARE brings all the critical health care elements in the Hampton Roads area together. The three military hospitals in the area have shared their resources to effectively manage both military and civilian health care for active duty and retired members and their families. Active duty members always receive care in a military hospital or clinic. Family members and

retirees who are CHAMPUS eligible have options for care within the TRICARE Program. TRICARE has three options for how non-active duty members can receive care. The three TRICARE options vary in their freedom of choice and out of pocket costs. The more choice you have about who you can see, as with TRICARE STANDARD, the greater your own expense. Managed care options, such as TRICARE EXTRA and TRICARE PRIME, reduce your choice of providers, but they also lower your costs. TRICARE STANDARD is regular CHAMPUS. It provides the most freedom in your choice of CHAMPUS approved civilian providers. You must meet an annual deductible and pay cost share percentage of the CHAMPUS allowable charges. You may also have to pay the bill yourself and then

file the CHAMPUS claim for reimbursement minus your co-payment and/or deductible amount. If you see a provider who does not participate in CHAMPUS, you must pay the entire bill and file a CHAMPUS claim for reimbursement. TRICARE EXTRA is the Preferred Provider Organization-like (PPO) network of civilian providers that includes over 1,200 health care professionals and 19 hospitals in the Hampton Roads area. When you use an EXTRA provider, your cost share will be reduced and there is no paperwork or filing required. The providers in the network file all your CHAMPUS claims and agree to charge no more than what CHAMPUS will cover for a particular visit or treatment. TRICARE PRIME resembles civilian Health Maintenance Organizations (HMOs) and covers all the health care benefits included in TRICARE Standard or Extra, plus preventative and primary care services. YOU ENROLL INTO TRICARE PRIME and agree to have all your health care managed by a primary care manager or team of providers in your military hospital. Your primary care manager will provide or coordinate all of your health care services, maintain your health records and send you to be admitted to a hospital when necessary. With PRIME, there are no cost shares or annual deductible to pay for active duty family members. Enrollment into TRICARE PRIME is voluntary and must be requested through completion of an application. McDonald Army Community Hospital is the home of two primary care sites, MACH Prime I (1st floor) and TRICARE PRIME clinic (3rd floor) Fort Eustis. If you are interested in enrolling in TRICARE PRIME, or using TRICARE STANDARD or EXTRA, or want information regarding these programs visit the TRICARE Service Center and speak with one of our Beneficiary Service Representatives, or call 1-800-931-9501.

COMMUNITY HEALTH NURSE (CHN) CHN IN THE TROOP BATTALIONS - Assists company commanders in identifying health education needs. Assists with or provides troop health education, and provides computer analysis of health risks and provides recommendation for improving health status on a unit and individual level. CHN IN THE HOSPITAL - Does home visits for safety and health education referrals. Investigates reportable diseases and arranges appropriate treatment for contacts. Makes home visits to mothers of active duty families who have had babies at Langley, Riverside, and Mary Immaculate hospitals. CHN IN THE CHILD CARE CENTER - Provides health consultation services to the CDS. Provides classes on topics such as medications, communicable diseases, and hygiene. Acts as consultant to center's personnel and parents

on matter of health. CHN IN THE COMMUNITY - Provides Community Health Education Programs on topics such as sexually transmitted diseases, HIV/AIDS, malaria, contraception, testicular cancer, breast cancer, workshops for pregnant soldiers, and other topics, to individuals and units by request. Provides education for hypertension. Participates in community meetings on matters of health. Serves as a member of Family Advocacy Case Review Committee (CRC). Provides follow-up for all positive tuberculosis skin test reactors and other communicable diseases such as hepatitis, rubella, etc., in liaison with civilian public health departments and other military facilities. Conducts U.S. Army HIV/AIDS Briefing and Testing Program. Health Risk Assessment Program. Provides computer analysis of your health risks based on cholesterol screening, blood pressure screening, and appraisal of health practices questionnaire.

Name: Health Benefits Office
POC: McDonald Army Community hospital
City: Fort Eustis
Phone: (757) 314-7957

Name: Community Health Nurse (CHN)
Address: Bldg 2792
City: Fort Eustis
Phone: (757) 878-4755/56/57

Community Hospitals

Name: Mary Immaculate Hospital
Address: 800 Denbigh Blvd
City: Newport News, VA
Phone: (757) 886-6000
Proximity to site: 5 miles

Name: Newport News General Hospital
Address: 5100 Marshall Ave
City: Newport News, VA
Phone: (757) 247-7200
Proximity to site: 10 miles

Name: Riverside Regional Medical Center
Address: 500 J Clyde Morris Blvd
City: Newport News, VA
Phone: (757) 594-2000
Proximity to site: 10 miles

Name: Sentara Hampton General Hospital
Address: 3120 Victoria Blvd
City: Hampton, VA
Phone: (757) 727-7000
Proximity to site: 15 miles

Name: Children's Hospital of the King's Daughters
Address: 601 Children's Lane
City: Norfolk, VA
Phone: (757) 668-7000

Dental Services/Directory - on Installation

Active duty service members have priority for dental care. Other authorized beneficiaries may only receive dental care on a standby space available basis.

Clinics operate by appointments and their hours are as follows: Tignor Dental Clinic: 0700-1600, Monday - Friday Sick Call Hours: 0700-0900, Monday - Friday McDonald Army Community Hospital: 0730-2000, M - F Saturday Hours: 0800-1700

Dental emergencies after normal duty hours, report to McDonald Army Community Hospital emergency room for referral to the dental clinic.

(Cross Reference - category - At A Glance, Dental Availability)

Dental Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
McDonald Army Community Hospital Dental Clinic		(757) 314-7926
Tignor Dental Clinic		(757) 878-3434

Family Member Dental Plan

The Uniform Services Active Duty Family Member Dental Plan covers the cost of basic dental care for family members (spouses and children) of active duty members of all seven Uniform Services. The Family Member Dental Plan is a voluntary program for active duty spouses and children living in the United States, Guam, Puerto Rico, or the U.S. Virgin Islands. The sponsor must go to the personnel office at his/her installation to enroll. Once enrolled, family members remain in the program for a minimum of 24 months unless: (1) The family is transferred overseas or to a CONUS duty station where dental care is provided to family members by the military treatment facility. (2) Enrolled family members become entitled to other dental coverage. Coverage begins the first of the month following the sponsor's payroll deduction as shown on the Leave and Earnings Statement (LES). Remember, family members must be enrolled, they are not a priority to the dental clinics on post. There is a small payroll deduction. The dental clinic has a list of providers off post that family members can use for dental services. For more information on the contract with the insurance provider or if you have any questions contact the dental clinic.

The TRICARE Family Member Dental Plan (TFMDP) is a comprehensive and affordable dental plan available to eligible spouses and children of

active duty Uniformed Service members. The TFMDP has cost shares, benefit maximums and coverage limitations similar to typical group dental insurance plans. To be eligible for TFMDP enrollment, sponsors must intend to remain on active duty for at least 24 months and this commitment must be confirmed by their parent Uniformed Service. Enrollment and/or changes to enrollment can be accomplished by filling out a DD Form 2494 or 2494-1 at the sponsor's servicing personnel office. Please read these forms carefully as they provide detailed information on enrollment options, limitations and when TFMDP coverage begins. Upon enrollment, the sponsor must pay the monthly premium through their Uniformed Services payroll account - the Government pays 60% of monthly premiums. Before providing care to family members, some dental providers may ask to see a copy of the sponsor's Leave and Earnings Statement showing the dental plan payroll deduction. Coverage is worldwide and portable between assignments. United Concordia Companies, Inc. (UCCI) administers the TFMDP. Detailed TFMDP coverage and enrollment information can be found in the TFMDP benefit booklet. For more information about the program, visit UCCI's web site or contact them at 1-800-866-8499 for information on the TFMDP in the United States, Canada, Guam, Puerto Rico and the U.S. Virgin Islands, or 1-717-975-5017 (toll call) for information on the TFMDP in all other locations. In overseas locations, enrolled sponsors and family

members must contact their servicing overseas dental treatment facility and/or Overseas Lead Agent before seeking treatment from host-nation dental providers, except for emergency care.

Name: Tignor Dental Clinic
City: Ft Eustis
Phone: (757) 878-3434
Comments: Call for information about the family member dental plan. You can obtain a list of participating dentists in the area.

Housing

Housing Overview

For more information on this subject:
<http://www.eustis.army.mil>

On post housing is available to all grades, however, waiting times vary depending on grade and type of

house. Service members must contact the Housing Office prior to looking for off post housing. The average waiting period is 1-3 months. Barracks facilities are available for single enlisted soldiers, the unit of assignment handles barracks room assignments. Off post the four cities and four counties that comprise the Peninsula provide a varied assortment of environments from woods to waterfront. There are numerous apartment complexes and home developments surrounding the Fort Eustis area. To obtain information, for renting or buying, contact the Housing Office at (757) 878-2506.

EFMP Medical Exceptions To Policy for Housing are being processed on a case by case basis due to the limited hospital services and single story housing on post.

Housing Allowances

Housing allowances vary and change periodically. Be sure to check with Finance and Accounting for the most recent information.

Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	http://www.dtic.mil/perdiem/rateinfo.html
Basic Allowance for Housing	http://www.dtic.mil/perdiem/bah.html
Overseas Housing Allowance	http://www.dtic.mil/perdiem/allooha.html

Government Housing

All incoming personnel must apply for on-post quarters within 30 days of signing in to Fort Eustis, in order to be back-dated to departure date from last permanent duty station. Incoming personnel who apply within 30 days of signing in must submit the following (1) DD Form 93-Record of Emergency Data, the form can be obtained from your AG Records Section. All incoming soldiers must have their DD Form 93 updated when processing. (2) DA Form 31- Request & Authority for Leave (for signing out of last duty station). (3) PCS orders plus all amendments bringing the soldier to Fort Eustis. (4) Orders to a dependent restricted area (if applicable). Those families with Exceptional Family Members, there is no priority list, housing will review needs on a case by case basis. One story housing is very limited. Barracks facilities are available for single enlisted soldiers, the unit handles barracks assignments.

Name: Directorate of Public Works
POC: ATTN: Housing Division
Address: BLDG 601, Room 110
City: Fort Eustis
Phone: (757)878-2506 DSN 927-2506
FAX: (757) 878-0978
Comments: Hours 0730-1500 Monday - Friday

Community Housing

Before you begin your housing search, you must check in with the housing office.

CHRRS "Cheers" - That stands for Community Home-finding, Relocation, and Referral Services. The Housing Referral Office now offers a broader array of services. We can offer you: Home Listings for rent or purchase; Help in evaluating a lease; an overview of community resources; Maps, bus schedules, school information; desk space and telephones; information about the housing market at your next duty station; tips for PCSing homeowners

who must rent or sell their house in the local community. Whether you are arriving or departing the installation, contact your CHRRS office for assistance.

Name: Directorate of Public Works
POC: Housing Division
Address: BLDG 601, Room 110
City: Fort Eustis
Phone: (757) 878-2506 DSN 927-2506

Utilities

On Post housing includes all utilities.

A transferee who is looking to buy a home may obtain a home's individual rate history from the local companies.

Military Waiver of Deposit ALTERNATIVES - A letter of credit from a previous utility company stating excellent credit for one (1) year or more will waive the deposit. If member of Langley Federal Credit Union (FCU), Chartway (Navy) FCU, Naval Weapons Station FCU, Guardian FCU, Ft Monroe and 1st Advantage (Ft Eustis) FCUs, Atlantic Fleet FCU, and Amphibious Base FCU, the Credit Unions will insure you; no deposit is required; you can obtain the paperwork from your Credit Union.

Military Personnel - For information on Credit Union Guarantees call:

1st Advantage Federal Credit Union (Ft Eustis) 887-0577 Atlantic Fleet Federal Credit Union 380-3309 Fort Monroe Credit Union 727-2993 Langley Federal Credit Union 827-7200 Chartway Federal Credit Union (Navy) 225-8734 Naval Weapons Station Credit Union 887-2476 Guardian Federal Credit Union 397-1234 Amphibious Base Credit Union 460-1141

Cable Television Rates for cable vary depending upon the service.

Name: Water, Sewage, and Garbage pickup OFF POST
POC: Newport News Waterworks, Hampton Roads Sanitation
Address: P.O. Box 979
City: Newport News, VA 23607
Phone: (757) 247-8421 (water) (757) 877-2019 (sewage)
Comments: Rate/Cost - \$1.70 per 100 cubic feet up to 600 cubic feet, \$1.53 per cubic foot over 600 cubic feet; billed bi-monthly. Hook-up Fee - \$10.00 Deposit - \$15.00 (Included in hookup fee) Military Waiver of Deposit - N/A Sewage (Billed separately)- One time handling charge of \$16 appears on initial bill. Per consumption \$1.05, approx.750 gals. This is based on meter readings from Waterworks. Garbage pickup reflects on water bill; if resident needs garbage can, contact public works in city in which you reside. If garbage pickup is not serviced by city, consult the yellow pages under "Rubbish & Garbage Removal". Some areas offer credit for recycling.

Name: Electric OFF POST
POC: Virginia Power Company
Address: P.O. Box 9001, 902 G Street
City: Hampton, VA 23661
Phone: (757) 938-6610 Residential
Comments: Hours (Office) 8-5 M-Th, 8-6:30 Fr Hours (Drive Thru) 8-7 M-F, 9-Noon Saturday (804) 247-1241 Emergency Rate/Cost - Oct-May, first 800 kw is \$6.94 (over 800 \$8.317); Jun-Sep, first 800 kw is \$6.940 (over 800 \$8.317). Basic Customer Charge - \$7 Hookup Fee - \$15 Deposit - All electric or half gas \$185, \$90 for lights only. (3 install-ments). Refundable in one year with interest (3.4%) if no notices. Military Waiver of Deposit (read earlier statement about a previous record)

Name: Natural Gas OFF POST
POC: Virginia Natural Gas
Address: P.O. Box 6200, 750 Diligence Blvd
City: Newport News, VA 23606
Phone: (757) 873-1322
Comments: Rate/Cost - \$8.00 maintenance fee plus \$2.40 (Hampton), \$1.51 (Newport News) Utility Tax - First CCF of gas .71943 per CCF. Over 35 multiply by .69431 per CCF. Hookup Fee - \$15.75 Deposit - \$180 (See below) Depends upon address. Military Waiver of Deposit (see below) If service is off, resident must be home so gas person can light pilot light; depending on how long gas has been off, may require inspection. Concerning deposit, if no previous gas service in VA, proof from another utility company of timely payments for twelve months will suffice to cancel deposit or obtain letter from local credit union as explained earlier.

Name: Cox Communications Cable Television
POC: Customer Service
Address: 179 Louise Drive
City: Newport News, VA 23601--1298
Phone: (757) 497-2011
Comments: Also, there is an office located on Ft Eustis. Building 601, Room 122. Those who live on post do have to pay for cable. Cox Communications serves Fort Eustis, Newport News, Hampton, Yorktown, Williamsburg, and Virginia Beach.

Name: Telephone
POC: Bell Atlantic Virginia
Phone: (757) 954-6222
Comments: For Service and Billing inquiries call the above numbers. Customers have a choice with the long distance companies.

will ever need to know for your stay here will be at the Newcomer's Briefing and Information Fair. Free Child care is available. Spouses are encouraged to attend, the event is your ticket to get connected! Be sure to attend!! For those who are in between moves, when the movers have picked up your household goods, or when you are waiting for your household goods to arrive, Army Community Service can help! The Fort Eustis LENDING CLOSET has some household items you can use temporarily. The Lending Closet has kits containing dishes, glasses, silverware, cooking utensils, also portable cribs, high chairs, car seats, ironing boards, and cots.

Name: Relocation Assistance Program
POC: Army Community Service
Address: Building 601
City: Fort Eustis
Phone: (757) 878-0920
Comments: The Relocation Assistance Program has a variety of things to help before, during and after a move.

Relocation Assistance

The Relocation Assistance Program is part of Army Community Service (ACS). The Relocation Program provides assistance to military and civilian personnel along with family members who will be moving to the Fort Eustis area and those relocating to other military installations. The Relocation Program has a lot to offer: computerized information (SITES) on military installations, World Wide Welcome Packets from various military installations, a PCS video library on various installations, pre and post move information, Pre-Move Briefings, help in making your move a smooth one, tips on moving with kids, and more.

Before you take off to your new installation, the Relocation Assistance Program could find you the easiest route in the shortest time. With Trip Maker, we can provide a detailed trip summary that can help you on your day to day travels.

Relocation Services

Relocation Services Overview

Once you arrive at Fort Eustis be sure to come by and visit the Relocation Assistance Office at Army Community Service. We can make you feel at home in no time. Make sure you find out when the monthly Newcomer's Briefing and Information Fair takes place. At that event you can find out about all the things Fort Eustis has to offer. Anything that you

Name: Army Community Service
Address: Building 601
City: Fort Eustis
Phone: (757) 878-3638 DSN 927-3638
Comments: Army Community Service is one of the places everyone should utilize while in the Army. There are a variety of programs that exist to serve soldiers, family members, retirees and DoD Civilians. We're here to serve you and we are units "Partners in Readiness". Hours 0730-1630 M-F

In Transit Emergencies

If an emergency arises during your travels look for the nearest military installation for help. If there are no installations listed in the area, we suggest you call AAA, if you are a member, or ask the local information operator for a hospital or road service, depending on the emergency.

MEDICAL EMERGENCY DURING A MOVE
Active Duty - if a valid medical emergency (life threatening) should occur i.e. severe injury, car accident, heart attack etc., first find out if there is a military installation nearby, if not, proceed to the nearest civilian hospital. You must state that you are Active Duty military, you should not receive any bills and you should not pay. Collect all documents and take them to the nearest Army installation (if you are in the Army) Medical Claims Office. If Fort Eustis is the nearest Army base, bring the paperwork to the Civilian Medical Claims Office, Building 579, (757) 878-7853. Family Members - All family members must be enrolled in the DEERS system (Must have a valid ID Card). If you are currently a member of a TRICARE system dis-enrollment is required prior to leaving your current duty station. **TALK TO YOUR HEALTH BENEFITS ADVISOR** for specific information on coverage during transition to your next duty station. If you are not a member of the TRICARE system either you never enrolled, didn't have the system at your last duty station, or if you are a new spouse or family member, you are covered under CHAMPUS. If an emergency requires you to go to a hospital during your initial days on Fort Eustis you must call TRICARE to get approved coverage for care, at 1-800-304-9863 McDonald Army Community Hospital, Fort Eustis. Otherwise, standard CHAMPUS will cover whatever is allowed. The Fort Eustis Health Benefits Office can be reached at (757) 878-7957.

Financial Preparedness

BUDGET-BUDGET-BUDGET Whether it is your first or twentyfirst move, there will be out of pocket expenses. The government covers only so much of the expense when you move. Financial preparedness is essential in maintaining a good quality of life, but when it comes to moving the expenses can be overwhelming. Budgeting comes in handy. Develop a budget strategy when you know a move is on the way. Temporary quarters range in price. On post billeting, The Transportation Inn, price per night is in the upper \$20's thru mid \$30's. If you were to be billeted off post the price range varies from \$30 to \$80 per night. As soon as you know a move is on the way, start to budget for these additional expenses. If you need assistance in developing a budget plan, call ACS for an appointment with a Budget Counselor. If you arrive at Fort Eustis and need budget/financial planning assistance call 878-3638 for an appointment.

Name: Consumer Affairs & Financial Assistance Program
POC: Army Community Service
Address: Building 601
City: Fort Eustis
Phone: (757) 878-0903/3638

Exceptional Family Member Program (EFMP)

Soldiers must insure they notify MILPO while in-processing that they have an EFM and the specific diagnosis. All AIT students must notify your unit command that you have an EFM as soon as you arrive at Fort Eustis. To enroll obtain a medical and education questionnaire from MEDDAC EFMP: 1) Medical questionnaire must be completed for family members of any age, then reviewed and signed by the primary care physician. 2) Educational questionnaire should be filled out on all school age children or any pre-schooler receiving special services. 3) Attach a copy of a current Individual Education Plan (IEP) to the educational questionnaire. The IEP is available at your child's school. 4) Return completed forms to McDonald Army Hospital EFMP point of contact. **NOTE - Family members who have previously enrolled at another duty station need only contact MEDDAC EFMP for input into the local computer. YOU MUST UPDATE YOUR FILE EVERY THREE YEARS!!!** Most medical services are available within a 40 mile radius. The Portsmouth Naval Hospital, Langley, and Fort Eustis are all within 40 miles. Most of the EFM cases are

CHAMPUS'd out and there is limited respite care, child care, and in-home health care. ONE STORY HOUSING for EFM's is VERY LIMITED.

Name: Exceptional Family Member Program at ACS
Address: Building 601
City: Fort Eustis
Phone: (757) 878-0910
FAX: (757) 878-0919
Comments: Make sure you enroll your Exceptional Family Member as soon as you get to Fort Eustis. Medical records should be updated before you move. Hours 0730-1630 M-F

Name: EFMP Medical Clerk for Fort Eustis and Fort Story
POC: EFMP Coordinator
Address: Building 576, McDonald Army Hospital
City: Fort Eustis
Phone: (757) 878-7923 DSN 927-7923
FAX: (757) 878-7703
Comments: Enrollment is MANDATORY for those family members with special needs!

Household Goods In-Bound Shipments

For delivery of Personal Property to the Yorktown and Newport News Area: a) The Consolidated Personal Property Shipping Office - (CPPSO-L) at Langley Air Force Base, Virginia, is the transportation office responsible for incoming shipments of household goods and unaccompanied baggage to the Yorktown and Newport News area. You should contact the the CPPSO-L inbound section immediately upon your arrival at (757) 764-2045. A clerk at the inbound section will assist you in arranging for delivery. If the shipment(s) is not in, CPPSO-L will contact you to arrange for delivery upon arrival of your personal property. b) Upon delivery, the carrier is required to unpack, remove packing materials, reassemble items that were disassembled and place all major items one time in a desired location. If the carrier refuses to perform these services or other problems relating to carrier performance arise at the time of delivery, request assistance from the inspection/quality assurance section, CPPSO-L.

Name: CPPSO-Langley
POC: Traffic Management Office
Address: 1st Transport/LGTS 45 Nealey Ave, Room 207-213
City: Langley AFB, VA
Phone: (757) 764-2045/2044/2046
Comments: Hours 0800-1600 Monday thru Wednesday & Friday, 0800-1500 Thursday The service member should contact upon arrival and leave a daytime phone number where you can be reached. CPPSO-Langley deals with in and out-bound personal property and household goods shipments.

Name: Inspection/Quality Assurance Section
POC: CPPSO-Langley
City: Langley AFB, VA
Phone: (757) 764-7501/7502
Comments: If carrier refuses to perform all services, or for any other problems with the carrier, call the number above.

Household Goods Out-Bound Shipments

Upon receipt of your orders contact the Transportation Office to schedule an appointment and discuss entitlements authorized for movement of personal property. This includes application for shipment and/or storage of Household Goods, unaccompanied baggage, shipment of POV's and Mobile Homes, and member's responsibilities during the move. Personal property shipments are handled by the Consolidated Personal Property Shipping Office (CPPSO). The CPPSO is a multi-service shipping office serving Langley AFB, Ft. Monroe, Ft. Eustis, NWS Yorktown, Coast Guard Station at Yorktown, Newport News Shipyard, and Camp Peary. Information about Pets (Procedures, restrictions and tips on how to prepare and what to expect) can be obtained from the Transportation Management Office; call them early for an appointment. In addition, information is also available for military and civilian personnel authorized to ship POVs at government expense. It is based on entitlements from Joint Federal Travel Regulations (JFTR), Volume I, for military members and Joint Travel Regulations (JTR), Volume II, for civilian employees.

Name: Household Goods Out-Bound Shipments
POC: Personal Property Office
Address: Bldg. 601, Room 123,
City: Fort Eustis
Phone: (757) 878-4664 DSN 927- 4664

Name: Consolidated Personal Property Shipping Office (CPPSO)
Address: 45 Nealy Avenue, Room 208
City: Langley AFB
Phone: (757) 764-4158

Household Goods Claims

Filing a claim for goods lost or damaged during shipment: a) When delivering your shipment, the carrier will provide you with five copies of a two-sided, pink DD Form 1840/1840R. All items that are missing or are noticeably damaged at the time of delivery, should be noted in detail on the DD Form 1840. After delivery is complete and lost or damaged items are noted, the DD Form 1840 should be signed by both you and the carrier. The carrier will leave three copies with you. As soon as possible, you must examine every item in your shipment. Any damage or loss not noted on DD Form 1840 at the time of delivery should be recorded on DD Form 1840R. b) Within 70 days of delivery of your shipment, the completed DD Form 1840/1840R must be submitted to the Claims Section, Office of the Staff Judge Advocate, building 2732, Fort Eustis. A copy of the form will be date stamped and returned to you for

your use when submitting your claim through Navy channels. Failure to submit the completed DD Form 1840/1840R within 70 days of delivery may result in your claim being denied or reduced. DD Forms 1840/1840R are accepted on a walk in basis on Thursdays. The Fort Eustis Claims Office serves as a collection facility for DD Forms 1840/1840R only. Household Goods and POV claims must be formally filed through Navy channels.

Name: Claims Section
POC: Office of the Staff Judge Advocate
Address: Bldg 2732
City: Fort Eustis
Phone: (757) 878-3536
Comments: APPOINTMENTS ONLY!

Household Goods Weight Allowances

****Notes**** Members in grades E3, E2 or E1 married to another member in grade E3, E2, or E1, who are without dependents will be treated as a member married to a non-member and will be entitled to the weight allowance of a member "with-dependents"; that is, a combined weight allowance of 5,000 pounds.

E4 section of chart , allowances indicated are for E4's with less than 2 years of service. E4's with more than 2 years of service are entitled to 8,000lbs with dependents or 7,000lbs without.

Household Goods Weight Allowances

<i>Grade</i>	<i>Allowance w/Dependents</i>	<i>Allowance wo/Dependents</i>
E1	5,000	1,500
E2	5,000	1,500
E3	5,000	2,000
E4	7,000*	3,500*
E5	9,000	7,000
E6	11,000	8,000
E7	12,500	10,500
E8	13,500	11,000
E9	14,500	12,000
W-1	12,000	10,000
W-2	13,500	12,500
W-3	14,500	13,000
W-4	17,000	14,000
O-1	12,000	10,000
O-2	13,500	12,500
O-3	14,500	13,000
O-4	17,000	14,000
O-5	17,500	16,000
O-6+	18,000	18,000

POV In-Bound Shipments

Information concerning the arrival and status of privately owned vehicles shipped to the port of Norfolk may be obtained by calling U.S. Navy Fleet and Industrial Supply Center (FISC).

Name: Vehicle Processing Center
POC: U.S. Navy Fleet and Industrial Supply Center (FISC)
Address: Bldg CEP 57, Naval Supply Center
City: Norfolk, VA
Phone: (757) 444-4505/4636 DSN 564-4505/4636
Comments: Open Monday thru Friday except Federal holidays, 0800-1200 and 1230-1630. Processing may take up to one hour, so members should arrive NLT 1600 when picking up a POV.

POV Out-Bound Shipments

U.S. Navy Fleet and Industrial Supply Center Vehicle Processing Center. Processing may take up to one hour, so members should arrive NLT 1530 when picking up a POV.

Name: Vehicle Processing Center
POC: U.S. Navy Fleet and Industrial Supply Center (FISC)
Address: Bldg CEP 57, Naval Supply Center
City: Norfolk, VA
Phone: (75) 444-4505/4636
Comments: Open Monday thru Friday except Federal holidays, 0800-1200 and 1230-1630. Processing may take up to one hour, so members should arrive NLT 1530 hours for turn-in.

POV Claims

POV claims must be filed through the Office of the Staff Judge Advocate, Claims Section. Then it will go through Navy Channels.

Pet Boarding/Kennels

Referrals to boarding kennels or to civilian Veterinarians are prohibited by regulation. The owner is requested to contact neighbors or use the yellow pages for listings of available kennels and local Veterinarians. Rates, vaccine requirements and hours of operation can be obtained at that time.

Pet Licensing

Licensing of the family pet is required by all local counties. Owners are requested to contact the county in which they will be living to obtain specific information on local requirements.

Pet Quarantines

There are no pet quarantines in Virginia.

Veterinary Services

Veterinary services are available to active duty, retired military personnel and their families on an outpatient basis. Services include immunization, heartworm and fecal exams, health certificates and the diagnoses and treatment of diseases which are a threat to the health of the military community and their pets. A full line of flea, tick and heartworm control products are available for purchase. In compliance with Army/Air Force directives, the vet clinic does not provide emergency treatment, surgery, x-rays, boarding or treatment for non-diseases. In case of an emergency, you should seek civilian veterinary care, or after hours you can contact the Emergency Veterinary Clinic (see below) or one of the many other clinics listed in the yellow pages. Service members living in base housing should register their pets by bringing proof of vaccination and any medical information to the Installation Veterinary Treatment Facility within 15 days of arriving. All dogs should be given heartworm preventative year round and should be tested for heartworm disease annually. Stool exams for intestinal parasites are recommended at least yearly. Fleas are a real problem in this area and should be suspected when pets begin scratching or chewing on themselves.

Name: Veterinary Services
POC: Site Veterinarian
Address: Bldg 2788
City: Fort Eustis
Phone: (757) 878-5824

Name: Emergency Veterinary Clinic
Address: 1120 George Washington Memorial Hwy
City: Tabb, VA
Phone: (757) 874-8115

Pet Transportation

Information on transporting the family pet can be obtained through the Port Call or Commercial Travel Office (CTO) and by contacting the carrier directly. Shipping costs and requirements will change periodically.

Name: Port Call Office
Address: Building 601
City: Fort Eustis
Phone: (757) 878-3263 DSN 927-3263

Name: Commercial Travel Office (CTO)
POC: Carlson Wagonlit Travel
Address: BLDG 601
City: Fort Eustis
Phone: (757) 878-5577 DSN 927-5577

PCS Reporting Procedures

(Cross Reference - category - INSTALLATION, related subject - Must Know Items)

Name: Military Personnel
Address: Building 662
City: Fort Eustis
Phone: (757) 878-0953/3633
Comments: INPROCESSING for Permanent Party

Name: Post Headquarters
POC: SDO (Staff Duty Officer)
Address: Building 210 (Washington Ave)
City: Fort Eustis
Phone: (757) 878-5897/2488
Comments: INPROCESSING Permanent Party After Duty Hours

Name: Enlisted Student Affairs Branch (ESAB)
Address: Building 1005
City: Fort Eustis
Phone: (757) 878-5420
Comments: INPROCESSING for AIT

Name: The Transportation School
POC: Staff Duty Officer (SDO)
Address: Building 705
City: Fort Eustis
Phone: (757) 878-5404
Comments: INPROCESSING for AIT and TOBC after duty hours

Name: NCO (Non-Commissioned Officer) Academy
POC: CQ (Charge of Quarters)
Address: Building 664
City: Fort Eustis
Phone: (757) 878-4080
Comments: INPROCESSING during and after duty hours

Name: Company G
POC: Commander
Address: Building 1563
City: Fort Eustis 23604
Phone: (757) 878-2217/4528
Comments: INPROCESSING for TOBC students during duty hours

Separation Procedures

The Army Career and Alumni Program (ACAP) helps soldiers, Department of Defense civilian employees, and their family members when they leave military service or Federal employment. Under the Family Member Employment Assistance Program (FMEAP), ACAP assists permanent party spouses of active duty military personnel who are seeking local employment. ACAP services for Forts Eustis, Monroe, and Story are regionalized at Fort Eustis. The Monroe subcenter services personnel assigned to Monroe, Story, and the Southside. All personnel call 878-4955 to make appointments. All military personnel receive mandatory Pre-separation Counseling at ACAP. Call 878-4955 to schedule Pre-separation Counseling approximately 180 days prior to separation. Public Law requires soldiers receive this counseling not later than 90 days prior to separation. Soldiers who begin ACAP at the 180 mark may expect to spend 4 to 6 hours per week in transition activities. After initial Pre-separation Counseling, transitioners receive individualized and group counseling to access available benefits and services. Employment search assistance helps transitioners identify skills, prepare a personal marketing plan, identify potential employers, interview effectively, and negotiate salary and benefits.

Name: Army Career and Alumni Program
Address: Building 1511, at the corner of Madison and Patton Avenues
City: Fort Eustis
Phone: (757) 878-4955/5206

Billeting

On post there is the Transportation Inn, reservations are made for service members on TDY (Temporary Duty) or PCS (Permanent Change of Station) orders. Those not on orders will be put on a Space Available list. Reservations can be made 60 days in advance. The price range for the Transportation Inn starts in the upper \$20's thru mid \$30's. For those service members that are PCS to Fort Eustis maximum stay is 30 nights. For those PCS leaving Fort Eustis maximum stay is 7 nights. The length of stay is based on availability. Any TLE (Temporary Lodging Expense Allowance) should be discussed with the Finance and Accounting Office. From Newport News/Williamsburg International Airport or from Norfolk International Airport take interstate 64 west to exit 250A Fort Eustis Blvd (route 105). Proceed on Ft Eustis Blvd (route 105) west and you will come to the Main Gate. From the Main Gate you will be on Washington Avenue, make your first left onto Madison Avenue, across the median. Proceed down Madison and make a left onto Pershing Ave. Follow Pershing until it comes to an end at the Transportation Inn. Pets are allowed in cottages only! There are only 5 cottages. A kennel may be necessary. Inquire about pets as soon as you make reservations. Call The Transportation Inn for more information. Billeting off post can range in price from \$30 - \$80 per night. When you call the Transportation Inn if there are no rooms available they can provide a listing of hotels that participate through a memorandum of agreement. Call the Transportation Inn for more details.

Name: Fort Eustis Transportation Inn
POC: (Billeting)
Address: P.O. Box 4278
City: Fort Eustis
Phone: Reservations (757) 878-5807 DSN 927-5807
FAX: (757) 878-3251 DSN 927-3251
Comments: For 24 hour reservation service call the number above or to get in touch with someone staying in the Transportation Inn call (757) 888-0968 and then enter their extension (room#).

Support Services

Support Services Overview

For more information on this subject:
<http://www.eustis.army.mil>

The Fort Eustis community (on and off-post) offers a matrix of support agencies to assist soldiers. Off-post service agencies include SHARE (food assistance), Peninsula Food Bank, CONTACT (Hotline), and emergency housing and shelters. Fort Eustis has an American Red Cross, Women, Infant, & Children (WIC) and a United Service Agency (USO) on post. Grassroots support activities include a Better Opportunities for Single Soldiers (BOSS), battalion and company level family support groups and an installation housing Mayoral Program. The Hampton Roads peninsula has all the military services represented. The Family Centers work cooperatively to maximize service delivery to military soldiers and families through and across service boundaries. To facilitate this, the Family Centers have established the Hampton Roads Joint Military Family Service Board.

Family Centers

Visit the Fort Eustis Army Community Service website to obtain a lot of great information.

The Fort Eustis Army Community Service (ACS) goals are to provide programs and services that:

- 1) ASSIST SOLDIERS/FAMILIES BUILD SELF-RELIANCE, particularly during deployments/exercises and other OPTEMPO activities. ACS supports this goal through a matrix of skill-building training and prevention education opportunities:
 - a. "Mommy & Me", a playgroup for parent(s) and child (birth to 9 months), meets weekly
 - b. "Toddler Time", a playgroup for parent(s) and child (toddler), meets weekly
 - c. Bag lunch parenting classes, e.g., Potty Training, Discipline Techniques, 1-2-3 Magic
 - d. First Time Home Buyer Semnar
 - e. Money Management Classes
 - f. Pre-Move Briefing (Mandatory)
 - g. Newcomer's Briefing & Information Fair (Mandatory)
 - h. Pre-Citizenship Classes (5 weeks, one night/week)
 - h. Army Family Team Building (AFTB) Classes. AFTB is basic and advanced training for family members, soldiers and civilians. It teaches basic information relevant to the military lifestyle like entitlements, benefits and compensation, How to read an LES, and skill developing subjects like problem solving, stress management and Personality types. AFTB classes are offered AM, PM, and lunch hours. Free child care is available upon request.
 - i. Volunteer Opportunities (ACS and Installation)

- 2) PROVIDE CONSULTATION TO COMMANDERS on family/social issues impacting Fort Eustis soldiers and families. Examples include briefings, attending command and staff meetings to impart information on upcoming ACS programs/services, identify environmental issues impacting families e.g. garnishments, withdrawl of separate rations, compassionate reassignments, emergency housing, and AER loans. ACS consults with other service organizations to develop strategies for remedies to community wide family issues. Each Fort Eustis unit is assigned a Unit Service Coordinator (USC) to bring ACS services to the unit level. The USC through above mentioned activities remains abreast of issues and service needs affecting his/her unit and coordinates provision of these services through command channels.

- 3) ADVOCATE FOR soldiers and families assigned to Fort Eustis. Some Advocacy strategies include:

- a. Home Visits (upon request) to new parents through the New Parent Support Program. (Cross Reference, Family Advocacy)
- b. Individual check book management sessions.
- c. Information on and assistance in preparation of exception to policy for housing for families with Exceptional Family Members.
- d. Conduct and provide biannual family finds to identify and refer for enrollment of Exceptional Family Members.
- e. Family Support Group Leader and Sponsorship Training.
- f. Conduct of Newcomer's Briefing and Information Fair for all newly assigned soldiers and family members monthly. Thirty plus Fort Eustis support agencies comprise this event and provide information on installation services from TRICARE, child care, housing, to AAFES and the Commissary.
- g. Virginia Employment Commission (VEC) is colocated in the ACS building. VEC offers information on employment opportunities in Virginia and US wide. VEC services all personnel with a valid ID card. Orientations are offered weekdays at 0830.
- h. Trip Maker
- i. SITES and Welcome Packets
- j. Individualized Relocation Information Sessions
- k. Information and Referral
- l. "Camp Eustis", special needs children summer camp
- m. Respite Child Care
- n. Baby Bundles
- o. "Healthy Pregnancy, Healthy Baby" - 5 week Lamaze style childbirth preparation classes taught by Family Advocacy Parent Aide and Community Health Nurse.

p. An informational network to meet the needs of soldiers. ACS maintains an information database with data on services from adoption to veterinary services. Additionally, ACS has a "Resource Center" with pamphlets, videos and books on subjects from voter registration to Foster Parent procedures. The Resource Center is equipped with a computer for use by soldiers and family members with resume and SF 171 programs installed.

p. Single Parent Support Group (Cross Reference, Support Groups)

q. Army Emergency Relief (Cross Reference, Emergency Assistance)

r. AFAP - Army Family Action Plan "symposium" is conducted every two years to identify community issues affecting soldier/family quality of life.

s. Waiting Spouses - contact and support services are provided to spouses of soldiers on long-term TDY, deployments, and/or short tours.

Name: Army Community Service
Address: Building 601
City: Fort Eustis
Phone: (757) 878-3638 DSN 927-3638
FAX: (757) 878-0919

Name: Virginia Employment Commission
POC: ACS
Address: Building 601
City: Ft Eustis
Phone: (757) 878-0906

Name: Army Family Team Building
POC: ACS
Address: Building 601
City: Ft Eustis
Phone: (757) 878-0912 DSN 927-0912
FAX: (757) 878-3989

Information and Referral

For more information on this subject:
<http://www.eustis.army.mil/>

The Army Community Service mission of Information and Referral is to provide commanders, soldiers, and family members information on military and civilian community resources. We assist personnel with problem cases in obtaining support service by providing referral and follow up assistance. Information and referral personnel evaluate individual client situations and coordinate with local organizations to resolve client problems. Also, Information and Referral personnel maintain a

resource file on Fort Eustis, city, state, and federal programs available to the Fort Eustis community.

Financial Assistance Programs

The Consumer Affairs and Financial Assistance Program (CAFAP) focuses on improving soldiers' and families' financial readiness and self-sufficiency. This includes the ability to function as informed consumers. Emphasis is placed on training in money management, proper use of credit, financial planning for deployment, transition and relocation, insurance, and checking account management in an attempt to prevent financial difficulties. The program involves development of debt liquidation plans, housing loss mitigation, and presentation of special subject matter dealing with major item purchases such as home and auto. Individual appointments may be scheduled for budget counseling or consumer issues. Contact (757)878-0903, ACS Building 601.

Name: Consumer Affairs & Financial Assistance Program
POC: Army Community Service
Address: Building 601
City: Fort Eustis
Phone: (757) 878-0903

Emergency Assistance

ARMY EMERGENCY RELIEF (AER) AER is an emergency financial assistance and educational assistance program. AER helps soldiers (active and retired) their dependents, their widows(ers), and orphans during unforeseen emergencies. Assistance is provided as an interest-free loan, grant, or a combination loan and grant. The emergency must have originated from other than the soldiers own actions, i.e., problems caused by AWOLs, Article 15, or civilian fines. Each AER request is personal and is considered on its own merits in a timely and confidential manner. Categories of Authorized Financial Assistance: a) Non-receipt of pay (Pay due but not received. This is different from No Pay Due.) b) Loss of Funds. (Assistance not based on amount of loss) c) Medical, Dental, Hospital Expenses (Assistance permitted only if related to obtaining authorized medical or dental care under CHAMPUS or MEDICARE) d) Funeral expense (For legal authorized dependents or when soldier is expected to share in payment or pay funeral expenses for a parent of the soldier or spouse) e) Required Travel (Soldier must be on emergency leave) f) Rent (Initial rent & deposit or to prevent eviction) g) Food (To prevent privation only) h) Utilities (To prevent shut off of electricity and gas) i) POV Repairs (Essential POV

only) j) Fire or other Disaster (Assistance in case of fire or other Disaster) k) Privation (Assistance authorized to prevent privation of a soldier and dependents for valid causes not otherwise identified above)

Name: Army Emergency Relief
POC: Army Community Service
Address: Building 601
City: Fort Eustis
Phone: (757) 878-3638

Family Advocacy

THE ARMY'S POSITION ON FAMILY ABUSE

Spouse and child abuse have no place in the Army community. All soldiers and family members have a right to live without fear in their own homes. When commanders learn of suspected family abuse, they will use Army resources to stop the violence, protect victims and provide intervention for abusers.

Family Advocacy Program Mission:

- *Promote strong, healthy family relationships
- *Prevent family disruption and violence
- *Encourage prompt reporting and investigation of spouse and child abuse
- *Provide intervention and treatment services for all family members affected by abuse

DOMESTIC VIOLENCE

Good marriages take commitment, compromise, and hard work. Military families often face unique stresses and challenges. Army Community Service Family Advocacy Program offers classes and/or makes referrals to services designed to improve marital relationships.

Physical contact during arguments is UNLAWFUL on Fort Eustis and Fort Story and the Commonwealth of Virginia. Domestic Violence includes slapping, pushing, shoving, punching, kicking, and destroying property. Both males and females may be arrested (on and off post) and mandated to treatment.

VICTIM SERVICES LIAISON (VSL)

All victims of spouse abuse are eligible for the personal assistance and support of the Victim Services Liaison (VSL). The VSL provides information about rights and resources, helps connect you with helpful Army and civilian resources, and advocates for victims' needs and interests. We can also support you through a difficult and trying time. Services include:

- Information and support
- Crisis intervention - transportation, food, and shelter
- Help with obtaining protective orders, custody, and support
- Safety planning
- Legal advocacy, information and referrals
- Accompaniment to court hearings and investigative meetings
- Advocacy on behalf of victim with military and civilian agencies

SEEK HELP BEFORE A CRISIS OCCURS!

REPORTING ABUSE

No service member, spouse, or child deserves to be abused. The effects of physical, emotional, and sexual abuse can last a lifetime. Every person in the military community can help stop family violence. To report suspected abuse call: Military Police (Fort Eustis 878-4555, Fort Story 422-7141).

Army personnel and contractors are required to report suspected child and spouse abuse. The Army respects your ability and responsibility to make decisions involving your safety and well being. However, please realize that choosing not to inform the Army prevents you from enlisting the support of the command and military resources designed to help families.

SUPPORTING HEALTHY FAMILIES

Army Community Service (ACS) Family Advocacy Program is dedicated to supporting military families. FREE SERVICES INCLUDE:

- *Prenatal information packets
- *Welcome Baby Bags for all new parents
- *Parent Support Home Visits

*Playgroups and Parenting Classes

*Library Parent Resource Center

*Safety Education for children

Check the following Fort Eustis publications for upcoming events. (Also check the Fort Eustis website.) The Wheel (post newspaper), ACS Quarterly Calendar of Events and MWR's Community News for current listings or call (757) 878-0901 for the latest events.

KEEPING CHILDREN SAFE

Supervision of Children on Post....

Keeping children safe is of utmost importance. This command has established guidelines on when children may be left alone on post.

Parents and guardians will not leave children 8 years old and under unsupervised. The minimum age for and individual to babysit is 12.

Children ages 9-11 may be left unsupervised up to 2 hours during daylight and up to 1/2 hour during evening/night-time hours.

Children left alone are expected to be able to reach their parents or another responsible adult, meet their basic needs, know what to do in an emergency and follow general rules of safety. No child shall ever be left alone under circumstances involving potential or actual risk to the child's health or safety.

APPROPRIATE DISCIPLINE

All children need love, nurturing, structure and discipline to grow into healthy, responsible adults. The Army recognizes and supports the right and obligation of parents to appropriately discipline their children. The physical discipline of children is highly discouraged.

Discipline that leaves marks and bruises on children is regarded as excessive and is generally considered child abuse by physicians and the Case Review Committee. Reports of suspected child abuse will be investigated.

Name: Army Community Service
POC: New Parent Support Program
Address: Bldg 601
City: Fort Eustis
Phone: (757) 878-0901

Name: Family Advocacy Program
POC: Army Community Service
Address: Bldg 601
City: Fort Eustis
Phone: (757) 878-0901/0914

Single Member Services

BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS) A way for single soldiers to have their voices heard, Meetings are held monthly, call for more information. Fort Eustis has a very active BOSS program.

There are a lot of recreational opportunities in the Fort Eustis area. Golfing, Boating, fishing, Hunting, Swimming, and Bowling, to name a few.

Name: BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS)
City: Fort Eustis
Phone: (757) 878-1046
Comments: For more information call.

Support Groups

(Cross Reference, Support Services Overview) Support Groups come in a variety of ways. There are many avenues for support. If you need specific resources or support, the best thing to do would be to contact your local community Social Service agency.

The Single Parent Support Group Mission - To provide emotional support, education, and community resource information to sole parent soldiers, pregnant soldiers, and dual military couples with children. Purpose - To provide support and present alternatives to assist soldiers to successfully adapt to the challenges of military life, while balancing parental responsibilities. Meetings are held the 1st and 3rd Wednesday of the month. Call Army Community Service for more information.

7Th Transportation Group Family Readiness Center
7th Group Family Center provides information, assistance, guidance, and referrals to soldiers, their

families and units. The center takes the lead in maintaining the goal of "Family in Community".

THE FORT EUSTIS OFFICER & CIVILIAN SPOUSE'S CLUB The FEOCSC provides companionship for members and improves the well being of the community. FEOCSC meets the third Thursday of each month.

THE ENLISTED SPOUSES CLUB The Enlisted Spouses Club is another way of providing companionship for its members. A way for people to get together with others in the same circumstances.

Name: 7th Group Family Support Center
Address: Building 601
City: Ft Eustis
Phone: (757) 878-0944/0945 DSN 927-0944
FAX: (757) 878-5457 DSN 927-5457

Name: Army Community Service
POC: Single Parent Support Group
City: Fort Eustis
Phone: (757) 878-0901

Morale, Welfare, and Recreation

MWR has a lot to offer on Fort Eustis and on surrounding military installations.

MWR has information and resources on local community events also. Information on area attractions i.e. Harbor Cruises, museums, and other special events. Resources on family entertainment i.e. season passes for Busch Gardens and Water Country USA. MWR is here for you!

Fishing, Boating and Hunting Licenses (State) can be obtained at the Game Warden's office located on post building 841.

Name: Auto Craft Shop
Address: Bldg 660
City: Ft Eustis
Phone: (757) 878-5440
Comments: State Inspections, mechanics and more!

Name: Bowling Center
Address: Bldg 675
City: Ft Eustis
Phone: (757) 878-5482

Name: DPCA Marketing
Address: Building 210
City: Ft Eustis
Phone: (757) 878-2716
Comments: Responsible for advertising, flyers, signs, community newsletter, and certificates. Super Day Headquarters.

Name: Go-Cart Track
Address: Bldg 866
City: Ft Eustis
Phone: (757) 878-5883

Name: Golf Course
Address: Bldg 3501
City: Ft Eustis
Phone: (757) 878-2965

Name: MWR Community Recreation Center
Address: Bldg 671
City: Ft Eustis
Phone: (757) 878-3694
Comments: Services include: Information, Tickets, Video Rental, customized T-Shirts, Engraving and Frame Shop, USO and Recreational leisure area.

Name: Outdoor Recreation
Address: Bldg 2012
City: Ft Eustis
Phone: (757) 878-3594/2835
Comments: Fishing, Boating and Hunting Licenses (State) can be obtained at the Game Warden's office located on post building 841. (757) 878-2684

Name: Riding Stables
Address: Bldg 2012
City: Ft Eustis
Phone: (757) 878-3594

Name: Skeet and Trap Range
Address: Bldg 876
City: Fort Eustis
Phone: (757) 878-5822

Name: Sports & Fitness Center
POC: Anderson Field House
Address: Bldg 643
City: Ft Eustis
Phone: (757) 878-2097/2587

Name: Fort Eustis Aquatic Center
Address: Washington Avenue
City: Fort Eustis
Phone: (757) 878-1090

Name: The Fort Eustis Club
Address: Bldg 2123
City: Fort Eustis
Phone: (757) 878-5700

Chapel Services and Programs

The Fort Eustis Unit Ministry Team provides worship services, religious education, pastoral care, parish programs and family life ministry. Major military units have an assigned Unit Ministry Team (battalion chaplain and chaplain assistant) who minister specifically to that unit. There are also three chapel centers which offer a variety of programs and activities. In addition to worship services, chapel programs include bible studies, ladies groups, choirs, youth groups, religious education for children, youth and adults and much more.

Chapels Regimental Memorial Chapel Soldiers Chapel Washington Blvd Chapel

Name: Office of the Center Chaplain
Address: Building 923
City: Ft Eustis
Phone: (757) 878-1304
FAX: (757) 878-1445

Drug and Alcohol

Alcohol and Drug Abuse Prevention and Control Program (ADAPCP) Services provided are evaluations of substance abuse and of personality and coping styles. ADAPCP offers treatment with group counseling, individual counseling, and of substance abuse and related problems. ADAPCP provides prevention education and drug testing. ADAPCP can do special presentations on Wellness, Conflict, Stress and Substance Abuse.

Name: Alcohol Drug Abuse Prevention Control Program
POC: (ADAPCP)
Address: Bldg 224, Lee Blvd
City: Fort Eustis
Phone: (757) 878-2924/4985

Legal Assistance

Come by Legal Assistance to create a Power of Attorney (general or special). Appointments are available for wills, reviewing contracts or any other legal issues.

Name: LEGAL ASSISTANCE
POC: Staff Judge Advocate
Address: Bldg 2732, Madison Ave
City: Ft Eustis
Phone: (757) 878-3031

Child And Teen Services

Child and Teen Services Overview

Our installation does not have PCS priority for child care. However, persons interested in child care may call (757)878-4025 or 927-4025 DSN and ask to be placed on the waiting list telephonically. Once patrons sign in, they should come to the Central Registration (CR) office at Building 925, Madison Avenue, and inform the CR personnel that they have arrived. Names of Family Child Care Providers may also be given to the patron telephonically. Hourly care is also offered through Family Child Care homes. Call (757) 878-4025 or 927-4025 for more information. Babysitters on the installation must be at least 12 years of age to babysit on post. The Central Registration (CR) office also maintains a list of Babysitters. Persons on that list must be at least 13 years of age. In order to be placed on the CR Resource and Referral babysitting list, persons must have a current Community CPR card and have a current Red Cross Babysitting Course card or equivalent.

Fort Eustis Youth Services is a dynamic and comprehensive system of youth serving activities. In modern youth services programs, the goal is to help support the developmental needs of the children of our soldiers. Structured fun and recreation activities are a means to that end. Youth Services programs and facilities are designed and intended primarily for active duty military family members in the 1st through 12th grade. Facilities and programs are also available to retired military and their family members, reserve components, DOD APF and NAF employees and their family members.

Name: Army Youth Services
Address: Building 1102
City: Fort Eustis
Phone: (757) 878-4448/3724

Name: Central Registration Office
Address: Building 925, Madison Ave
City: Fort Eustis
Phone: (757) 878-4025 DSN 927-4025
Comments: Call for more information about being placed on the waiting list by phone, or about Family Child Care homes.

New Parent Program

(Cross Reference - category - Support Services, related subject - Family Advocacy)

For more information call the New Parent Support Services Program which is part of the Family Advocacy Program at Army Community Service.

Name: Army Community Service
POC: New Parent Support Services Program
Address: Building 601
City: Fort Eustis
Phone: (757) 878-0901/3638

Child Care Programs - on Installation

The Central Registration (CR) Resource and Referral also maintains a list of off post homes and centers that provide child care. Because background checks are not conducted by the Army on off post child care, a waiver must be signed by the person(s) requesting the list. For information about child child care on and off post call the CR office at (757) 878-4025 or 927-4025.

The Fort Eustis Child Development Center (CDC) is located on Madison Ave Building 926. It offers Hourly Care from 0830 until 1530 and reservations are strongly suggested and can be made up to two weeks in advance. The CDC also offers full day child care for ages 6 months to kindergarten age, not in school, and before and after preschool and Kindergarten care. Registration is required prior to use of any Child Development Services program and is by appointment only. Appointments can be made by calling (757) 878-4025.

There are registration fees for all programs, call the central registration office for information.

Immunization records are required at registration, patron's child(ren) must have a physical or well baby check but do have 30 days to submit a copy of the physical to the CR office. Hourly care fees are subject to change but are presently \$2.50 per hour.

The Fort Eustis Child Development Center (CDC) has a waiting list for ages 6 months to Kindergarten age. To be placed on the waiting list, patrons must come to the CR office between the hours of 0830 to 1200 or 1300 to 1600. They must complete a waiting list form. A patron's child remains on the list for three months from the date of application. It is then the patron's responsibility to contact the CR office prior to the expiration date and request to have the record updated for another three months. The CR clerk updates the waiting list at the beginning of each month. At this time the names of the patrons who have not contacted the CR office, to keep their names on the waiting list, will be removed from the waiting list and new names will be added. Waiting list priority is Single and Dual Military and dual working couples. Names are placed on the waiting list by priority and by date of application.

Supplemental programs offered by Child Development Services are Short Term Alternative Child Care (STACC) which offers care for organizations in a selected area in the same building where the organization's meeting is taking place. Ratios are generally kept at 1:5. Another supplemental program is Volunteer Child Care in the Unit Setting (VCCUS). Volunteers for one unit or organization carry out child care services for another organization/unit in exchange for the same services at a later time. CDS assists by offering a brief training for all volunteers involved and conducts the inspection of the child care site. For more information on either of these programs call (757) 878-4025.

Family Child Care (FCC) is in home care provided by an adult family member occupying Government quarters. Both the individual providing services (FCC provider) and the occupied housing unit (FCC home) must be certified by the installation Commander before children may be accepted for care. Family Child Care (FCC) is a professionally managed network of individuals providing Child Care in their Government Quarters. FCC was established under the guidelines AR 608-10, Child Development Services, to support the specific Child Care needs of military families. All FCC providers initially receive 38 hours of instruction in such topics as CPR, nutritious food preparation, and early child development before being certified. In addition,

providers receive monthly training based on the Child Development Association (CDA) 13 functional areas. FCC homes are monitored regularly by the FCC staff and are inspected by Preventative Medicine, the Fire Department and the Safety Office. FCC offers parents the opportunity to place their child in a home environment that is safe and with a well trained, professional provider. Parents can be sure that the provider and the provider's home meet strict standards and are closely monitored on a regular basis. FCC providers can assist parents by providing flexible hours, as well as overnight and long term care.

Name: Central Registration Office
Address: Building 925
City: Fort Eustis
Phone: (757) 878-4025

Name: Family Child Care
City: Fort Eustis
Phone: (757) 878-5584

Name: Ft Eustis Child Development Center
Address: Building 926, Madison Ave
City: Fort Eustis
Phone: (757) 878-4025 DSN 927-4025

Child Care Programs - Community

Information for off post child care can be obtained by coming by the Central Registration Office. State licenses for off post centers and certification for off post home care are obtained through Social Work Service. For State licensed day care providers call the Tidewater Regional Office of the State Department of Social Services.

Name: Central Registration Office
Address: BLDG 925
City: Fort Eustis
Phone: (757) 878-4025

Name: Tidewater Regional Office
POC: The State Department of Social Services
Phone: (757) 473-2100

Things To Do - Clubs and Social

Social and Leisure Recreation Program Provides activities which promote and foster social interaction, personal growth, recreational skill, and educational opportunities.

INSTRUCTIONAL CLASSES Gymnastics, Piano, Sign Language, Computer Lab

THEME CELEBRATIONS Halloween Costume Jam, Christmas Party, Valentines Sweetheart Ball, Easter Egg Hunt, Ethnic Cultural Celebrations

Call Youth Services for more information at 878-4448.

Things To Do - Recreation and Sports

Physical Fitness and Sports Program Provides a wide range of opportunities for participation in team and individual sports and outdoor activities. The program emphasizes fun, fundamentals, maximum participation and physical conditioning rather than winning or losing. We are always looking for volunteers to serve in various positions. Program fees are charged for all sports activities and instructional classes.

SPORTS Baseball, T-Ball, Girls Softball - register in February & March - Season from April - July

Football, Cheerleading - register in July & August - Season from August - November

Basketball - register in October & November - Season from December - March

Soccer (Spring & Fall) - register in January & February and July & August - Seasons are from March - April and August - October

Indoor Soccer - register in December - Season from January - March

Tae Kwon Do - ongoing

OUTDOOR ADVENTURE Camping - April, June, July, August Canoeing - July, August Call 878-3724 for information.

Schools

(Cross Reference - category - Education, related subject - Public Schools)

School Age Care

The School Age Services Program (SAS) provides supervised out of school activities for children in first thru sixth grades. The program is located in Building 1102 (Youth Center) on Pershing Avenue. During

the school year the hours of operation are 0530-0830 before school and 1600-1800 after school Monday thru Friday. The school buses pick the children up at the Youth Center in the morning and bring them back to the Youth Center in the afternoon. Full day programs are offered during school holidays and vacations.

Activities include gymnasium activities, board game room, game room, arts & crafts area, quiet reading area, homework area, computer lab, and a playground. Recreational and educational field trips, swimming, bowling, and other non-center based activities are part of the overall program.

Fees for the program are governed by DOD and are based on total family income. Registration and fee payment are required prior to services being rendered. For more information please call commercial (757) 878-4448 or DSN 927-4448.

Religious Programs

Check with the post chapel for information on Religious programs for youths.

Special Events

EVENTS and TRIPS Flea Markets, Children's Plays, Talent Shows, Lock-ins, Teen Dances, Bingo Parties, Boat Cruises, Historic Points of Interest, Ski Resorts, Zoo's, Fishing Trips

Summer Day Camp for ages 6 and up!

Sponsorship and Support

Sponsorship is offered "as requested".

Youth Employment

There is a Youth Employment Fair each spring!

Youth Centers

There is one Youth Center on Fort Eustis.

Name: Youth Center
Address: Building 1102
City: Fort Eustis
Phone: (757) 878-4448/5490

For Teens Only

Middle School and Teen Program This program is located in Building 1102, the Youth Center. The center itself offers a gymnasium, a gymnastics area, snack bar, teen and middle school lounges, a

computer lab, game room, arts & crafts area, and a dance/music/homework room.

Instructional classes play a role in the overall program. Classes are offered in gymnastics and piano. Classes are usually open for registration. Very reasonable fees are charged.

Areas of interest to middle school and teens groups may be Youth Sponsorship, Work-Force prep, Community Service opportunities, Councils, dances, parties, trips, etc. For more detailed information call (757) 878-4448.

Survival Tips For First Termers

Survival Tips for First Termers Overview

This section is geared for those making their first move. The information provided is very helpful for soldiers and family members with a move on the way. This category is composed of information that was gathered from other categories. Make sure you cross reference.

Before You Move

*Contact the Relocation Assistance Program at Army Community Service for relocation counseling, base information, specific expenses of living in the area, base video, and lots of other good information.

*Your spouse can contact the Virginia Employment Commission located in Army Community Service on Fort Eustis.

*Contact billeting for reservations.

Name: Relocation Assistance Program
Address: Building 601
City: Ft Eustis
Phone: (757) 878-0920

Name: Virginia Employment Commission
POC: Army Community Service
Address: Building 601
City: Ft Eustis
Phone: (757) 878-0906 DSN 927-0906

Name: Billeting
POC: The Transportation Inn
Address: Pershing Ave
City: Ft Eustis
Phone: (757)878-5807 or (804)888-0968 automated

After You Arrive

*Report to billeting.

*Notify the Transportation Office (HHG) of your arrival.

*Go to Army Community Service for community information and assistance.

*Use the loan/lending closet at Army Community Service.

*Go to the Newcomer's Briefing and Information Fair. (Here you will find out everything you need to know about Ft Eustis.)

*Spouses should sign up for Army Family Team Building classes. These classes are great for spouses that are new and/or experienced with the military lifestyle. There are three levels of classes. Beginner to advanced.

*Call your family and let them know you have arrived safely.

Reporting Procedures

INPROCESSING For those who are Permanent Party, you will report to Military Personnel, building 662. Once you have entered Fort Eustis you will be on Washington Blvd, proceed and you will come to a traffic circle (remember those in the circle have the right of way), proceed straight through the circle (remain on Washington Blvd). Pass through one and make a right onto Sheppard Place. Military Personnel (Bldg 662) will be on your left. Phone# (757) 878-0953 After duty hours (1630) Permanent party members report to Bldg 210, Post Headquarters. From the main entrance you will be on Washington Blvd, proceed down Washington, Bldg 210 will be on your right (as you approach the traffic circle). SDO# (757) 878-5897

For students: Advanced Individual Training (AIT) personnel report to building 1005, Enlisted Student Affairs Branch (ESAB). From the main entrance you will be on Washington Blvd, proceed and you will pass the traffic circle and a traffic signal, stay on Washington and then make a right on Benedict Place. Stay on Benedict and where the road comes to an end is where you'll find ESAB. Phone# (757) 878-5420 After duty hours (1630) AIT soldiers will report to Building 705, the Transportation School. The Transportation School is located across from post headquarters on Washington Blvd. SDO# (757) 878-5404 NCO Academy students are to report to

building 664, during and after duty hours. From the main entrance stay on Washington Blvd, proceed past the traffic circle and traffic signal, from Washington Blvd make a right onto Sheppard Place. Proceed down Sheppard Place until the road ends on Monroe Ave. The NCO Academy will be on the corner of Sheppard and Monroe. CQ# (757) 878-4080 Transportation Officer Basic Course (TOBC) students and other Officer students report to G Company (BLDG 1018) upon arrival. From the main entrance you will be on Washington Blvd. Proceed, straight through the circle and traffic signal, make a right on Schultz Place. G Company is located on the corner of Washington and Schultz. Phone# (757) 878-2217 TOBC and other Officer students are to report to the Transportation School building 705 after duty hours (1630). The Transportation School is located across from Post Headquarters on Washington Blvd. SDO# (757) 878-5404.

EXCEPTIONAL FAMILY MEMBERS (Cross Reference - category - Relocation Services, related subject - Exceptional Family Member Program) For military family members with special needs, soldiers must insure they notify MILPO while in-processing that they have an EFM and the specific diagnosis. All AIT students must notify your unit command that you have an EFM when you in-process.

Travel Planning

When planning to move, Advance Pay is available, but not recommended. **DO NOT TAKE ADVANCE PAY UNLESS YOU REALLY HAVE TO!** Repayment of Advance Pay comes directly out of your paycheck, then you may really need the money and it will be obligated. Billeting may be arranged up to 60 days in advance. As soon as you get your orders, **START PLANNING.** Billets tend to be full during the summer, so pre-planning is always beneficial. Ensure that concurrent travel is approved by gaining commander. This authorizes your spouse travel. Make sure your orders have all of your family members listed. This ensures your family members have authorized travel. If concurrent travel is not authorized, housing and travel will not be reimbursed.

Vehicle Ownership

(Cross Reference - category - Installation, related subject - Regulations)

Whether a vehicle must be registered in Virginia depends on who owns the vehicle and whether the owner is a resident or nonresident. Here are the important definitions: "Domicile" is your state of

legal residence; the state you consider to be your home state; the state to which you would return if you left the Army today. While there is no single, conclusive test to determine domicile, the following factors are relevant: where you were born and raised; where you are registered to vote; where you hold a driver's license; where you pay personal income taxes; where you own property; and where you have other ties such as professional licenses and membership in various organizations. The Soldiers and Sailors Civil Relief Act (SSCRA) prevents a state from creating a presumption that an active-duty military member becomes domiciled in that state simply because they are stationed there. The member may choose to become a domiciliary of that state, but cannot be forced to - they can retain their old domicile throughout their military career. Contrary to a popular misconception, however, the SSCRA does not give a military member the unlimited right to choose any state as a new domicile. You could not, for example, become a domiciliary of Texas if you are not stationed there. "Nonresident" means every person not domiciled in Virginia, except those who become residents as described below. "Resident" means every person domiciled in Virginia (and physically living here) plus every other person who meets any of the following criteria (Note: the criteria does not apply to active-duty members but does apply to family members): (i) Works in Virginia for more than 60 days; (ii) Lives in Virginia for 6 months (except nonresident students); or (iii) Registers a car in Virginia using a Virginia address. "Nonresident student" means every nonresident who is enrolled as a full-time student and who is not gainfully employed. Virginia law requires all vehicles owned by Virginia residents to be registered in Virginia, with one exception. Follow these rules based on ownership of the vehicle: 1) Owned solely by any person domiciled in Virginia (regardless of military status): Must register in Virginia. 2) Owned jointly and one or both owners are domiciled in Virginia (regardless of military status): Must register in Virginia. 3) Owned solely by a civilian who is not domiciled in Virginia (regardless of spouse's or

sponsor's domicile): Must register in Virginia within 30 days of becoming a Virginia resident (see definition above). 4) Owned jointly by a military member not domiciled in Virginia and a civilian not domiciled in Virginia: Follow rule 3. Treat the vehicle as if owned solely by the civilian. 5) Owned solely by a military member who is not a Virginia domiciliary: Must register in either Virginia or the state of domicile. Retaining a registration from a third state--for example, where you were last stationed--is not allowed.

INSURANCE All automobiles must be insured. Car insurance rates for the state of Virginia are relatively low. Rates vary depending upon past driving record, age, type of vehicle, etc.

Housing and Billeting

Procedures for securing housing can be obtained from the Housing Office. (Cross reference - category - Housing) To secure temporary lodging or billeting, you must plan ahead and make reservations. Prices vary on Fort Eustis and off. (Cross reference - category - Relocation Services, related subject - Billeting)

Money Matters

Relocation is expensive. The average military member loses money when moving. Some expenses incurred during a move are not completely reimbursable. Military members and their families must be prepared! Develop a financial plan as soon as possible. Army Community Service has a budget counselor available to help. Family members must appear on the PCS travel orders to receive entitlements i.e. travel pay, household goods, etc. Dislocation allowances are not paid to first time PCS from student status to permanent party. When you arrive at your new residence whether that be a house, apartment, or barracks, be cautious with major purchases. Space may be limited! Also, make sure you will be able to handle the financial burden.

At A Glance

Facility/Services Summary

--Officer and Enlisted Population--			
Active Duty Officer	384	Active Duty Warrant Officer	211
Guard Reserve Officer	2	Guard Reserve Warrant Officer	0
Retired (Officer and Enlisted)	9213	Foreign Service Officers	3
Active Duty Enlisted	4610	Guard Reserve Enlisted	0
Foreign Service Enlisted	0		
--Civilians--			
Civil Service	3748	Wage Grade	207
Non-Appropriated Funds	311	Family Members -on and off Installation-	23043
--Family Services--			
Family Centers	1	Teen Centers	1
Child Day Care	1	Family Child Care Certified Homes	26
Total Child Capacity	138	Total Child Capacity	160
Average Waiting List Time -Months-	3		
--Other Services--			
Commissary	1	Exchanges	1
Shoppettes	1	Gas Stations	1
Movie Theaters	1	Banks and Credit Unions	2
McDonalds/Burger King	1	Other i.e. Exchange concessionaires	1

Housing Summary

--Officer Housing--			
Senior Officer Waiting	1	Senior Officer 3 Bed Room	27
Senior Officer 4 Bed Room	0	Senior Officer Other	0
Company Grade Officer Waiting	2	Company Grade Officer 2 Bed Room	0
Company Grade Officer 3 Bed Room	72	Company Grade Officer 4 Bed Room	4
Company Grade Officer Other	0	BOQ	0
--Enlisted Housing--			
Senior Enlisted Waiting	4	Senior Enlisted 3 Bed Room	224
Senior Enlisted 4 Bed Room	0	Senior Enlisted Other	0
Enlisted Waiting	6	Enlisted 2 Bed Room	64
Enlisted 3 Bed Room	540	Enlisted Other	64
BEQ	0	Transient Lodging Facilities	554

Education Summary

<i>Name</i>	<i>Numbers</i>
Elementary School	0
Jr High/Middle School	0
High School	0

Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	475	400	525
House Rent	750	600	1200
House Price - Single Family	129	80	179
Townhouse/Condominium Price	65	58	81

Medical and Dental Summary

<i>--Medical Facilities--</i>					
Medical Treatment Facilities	Y	Number of Beds	30	Medical Clinic	1
Alcohol	Y	Allergy	Y	Audiology	Y
Cardiology	N	Coronary care	N	Dermatology	Y
Dietary	Y	Emergency room	Y	Endocrinology	N
Family Practice	Y	General surgery	Y	Gynecology	Y
HIV Unit	N	Hematology	Y	Immunization	Y
Infect Disease	Y	Intensive Care	Y	Laboratory	Y
Mental Health	N	Neonatal Intensive Care Unit	N	Nuclear Medicine	N
Nephrology	N	Neurology	N	Neurosurgery	N
Obstetrics	Y	Oncology	N	Ophthalmology	N
Optometry	Y	Orthopedics	N	Otolaryngology	Y
Pathology	Y	Pediatrics	Y	Physical Therapy	Y
Podiatry	Y	Primary Care	Y	Radiology	Y
Rheumatology	N	Urology	Y		
<i>--Dental Facilities--</i>					
Dental Clinics	2	Adolescent	Y	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	Y
Pedodontist	Y	Periodontics	Y		

Relocation and Support Services Summary

<i>--Military Clubs--</i>			
Officers Club	1	Non-Commissioned Officers Club	1
Enlisted Club	0		
<i>--Recreation--</i>			
Arts and Crafts	1	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	1
Libraries	2	Music and Theater Locations	1
<i>--Physical Fitness/Sports--</i>			
9 Hole Golf Courses	1	18 Hole Golf Courses	1
Gyms/Physical Fitness Centers	1	Jogging Paths	5
Tennis Clubs/Courts	10	Tennis Courts - Lighted	6
Swimming Pools - Public	3		
<i>--Nature/Outdoor Activities--</i>			
Outdoor Recreation Centers	1	Campgrounds	0
Fishing Areas	3	Horse Stables	1

APPENDIX

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