

SUPPORTING CHILDREN & YOUTH



Available to all military branches

Child and Youth Behavioral Military & Family Life Consultants (CYB-MFLCs) are here to help. CYB-MFLCs are available to assist children and youth (ages 0-18), parents, family members and staff. CYB-MFLCs address:

- » School adjustment issues
- » Deployment & separation concerns
- » Reunion adjustment issues
- » Sibling/parent-child communications
- » Behavioral concerns
- » Fear, grief & loss issues
- » Daily life issues

Consultations and trainings are **free** and **anonymous**.*
No records are kept.

HELPING CHILDREN AND YOUTH, AND THOSE SUPPORTING CHILDREN AND YOUTH, IS OUR PRIORITY

After-hours and weekend appointments are available. Groups, educational presentations and individual meetings can be arranged.

SCHEDULING AN APPOINTMENT IS EASY

Just call your local CYB-MFLC.

* Please note: Exceptions to confidentiality include duty to warn cases involving children & adults, child abuse & domestic violence.



For more information, or to access the CYB-MFLC services,
please call MHN toll-free at: **(888) 755-9355**

